

## BALTIC TEAM CHAMPIONSHIPS AGREEMENT

**Organiser:** Latvian Athletics Association

**Venue:** Jelgava, LAT

**Date:** 21.07.2018

**Participants:** Boys and Girls, Junior Men and Junior Women, 2 athletes per team, per event, one relay team per country per team.

**Age:** Boys and Girls (born in 2003-2004), Men and Women (born in 1999-2000)

**Scoring:** Separate scoring for each age group. Total scoring for Boys and Girls, Men and Women.

Individual: 6-5-4-3-2-1; Relays: 6-4-2.

**Events:**

<b>U20 age group</b>			
<b>MEN</b>		<b>WOMEN</b>	
<b>TRACK</b>	<b>FIELD</b>	<b>TRACK</b>	<b>FIELD</b>
100 m	Long Jump	100 m	Long Jump
400 m	High Jump	400 m	High Jump
1500 m	Triple Jump	1500 m	Triple Jump
110 m/H	Shot Put	100 m/H	Shot Put
400 m/H	Javelin Throw	400 m/H	Javelin Throw
	Discus Throw		Discus Throw
4x400 m (mixed relays 2 Men and 2 Women)			

<b>U16 age group</b>			
<b>BOYS</b>		<b>GIRLS</b>	
<b>TRACK</b>	<b>FIELD</b>	<b>TRACK</b>	<b>FIELD</b>
100 m	Long Jump	100 m	Long Jump
400 m	High Jump	400 m	High Jump
1500 m	Triple Jump	1500 m	Triple Jump
110 m/H	Shot Put	100 m/H	Shot Put
300 m/H	Javelin Throw	300 m/H	Javelin Throw
	Discus Throw		Discus Throw
100-200-300-400		100-200-300-400	

**NB! U16 age group: one athlete can take part of 2 individual events and a relay.**

**Rules:** Competitions shall be arranged entirely according to the IAAF's Competitions Rules and according to the "Technical regulations for Baltic (Youth) Team championships in Athletics".

**Implements:**

In U20 age group:

	Shot	Discus	Hammer	Javelin
<b>Women</b>	4 kg	1 kg	4 kg	600 g
<b>Men</b>	6 kg	1,75 kg	6 kg	800 g

In U16 age group:

	Shot	Discus	Hammer	Javelin
<b>Girls</b>	3 kg	0,75 kg	3 kg	400 g
<b>Boys</b>	4 kg	1 kg	4 kg	600 g

**Hurdles:**

In U20 age group:

Distance	Number of hurdles	Height of hurdles	Distance from start line to first hurdle	Distance between hurdles
<b>Women</b>				
100 m	10	83,8 cm	13,0 m	8,50 m
400 m	10	76,2 cm	45 m	35 m
<b>Men</b>				
110 m	10	99,1 cm	13,72 m	9,14 m
400 m	10	91,4 cm	45 m	35 m

In U16 age group:

Distance	Number of hurdles	Height of hurdles	Distance from start line to first hurdle	Distance between hurdles
<b>Girls</b>				
100 m	10	76,2 cm	12,0 m	7,75 m
300 m	7	76,2 cm	45 m	35 m
<b>Boys</b>				
110 m	10	83,8 cm	13,00 m	8,25 m
300 m	7	76,2 cm	45 m	35 m

**Financial conditions:**

Travels paid by: Each Federation for their own costs

Board and lodging paid by: Each Federation for their own costs

**SIGNATURES:**