**VIEGLATLĒTIKAS SEZONAS ATKLĀŠANAS SACENSĪBAS**

**07.05.2022., VALMIERA**

**PROGRAMMA**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **U16 MEITENES** | **U16 ZĒNI** | **U18 JAUNIETES** | **SIEVIETES** | **VĪRIEŠI** |
| **12:00** | **100 m/b F** |  |  |  |  |
| **12:00** |  | **Kārtslēkšana** |  | **Šķepa mešana** |  |
| **12:00** |  |  |  |  |  |
| **12:15** |  |  | **100 m/b F** |  | **Tāllēkšana** |
| **12:30** |  |  |  | **100 m/b F** |  |
| **12:45** |  | **100 m/b F** |  |  |  |
| **12:55** |  |  |  |  |  |
| **13:00** |  |  |  |  | **100 m/b F** |
| **13:05** |  |  |  |  |  |
| **13:10** |  |  |  |  | **Šķēpa mešana** |
| **13:15** | **100m pr-ni** |  |  |  |  |
| **13:30** |  | **Tāllēkšana** |  |  |  |
| **13:45** |  | **100 pr-ni** |  |  |  |
| **14:00** | **Šķēpa mešana** |  |  | **Kārtslēkšana** |  |
| **14:05** |  |  |  | **100m pr-ni** |  |
| **14:15** |  |  |  |  |  |
| **14:25** |  |  |  |  | **100m pr-ni** |
| **14:50** | **100m F** |  |  |  |  |
| **14:55** |  | **100m F** |  |  |  |
| **15:00** |  |  |  | **100m F** |  |
| **15:05** |  |  |  |  | **100m F** |
| **15:10** |  |  |  | **Tāllēkšana** |  |
| **15:15** |  | **Šķēpa mešana** |  |  |  |
| **15:30** |  |  |  |  | **Kārtslēkšana** |
| **15:25** | **800m** |  |  |  |  |
| **15:35** |  |  |  | **800m** |  |
| **15:45** |  | **800m** |  |  |  |
| **15:55** |  |  |  |  | **800m** |
| **16:10** | **400m** |  |  |  |  |
| **16:25** |  |  |  | **400m** |  |
| **16:30** | **Tāllēkšana** |  |  |  |  |
| **16:40** |  | **400m** |  |  |  |
| **17:00** |  |  |  |  | **400m** |