

U18 & U20 BALTIC OUTDOOR TEAM CHAMPIONSHIPS AGREEMENT

Match: U18 & U20 Baltic outdoor team championships

Organiser: Estonian Athletic Association

Venue: Pärnu Beach Stadium, EST (Pärnu)

Date: 1.-2.08.2020

Participants: Men and Women (U18), Men and Women (U20), 2 athletes per team, per event, one relay team per country per team.

Age: U18 - Men and Women (born in 2003-2004)

U20 - Men and Women (born in 2001-2002)

Scoring: Team points will be calculated for every age group for Men and Women jointly.

Individual: 6-5-4-3-2-1; Relays: 6-4-2. All the competitors or relay teams that are tied for the position will get the points for a higher place.

Events:

| U18, U20 age groups | | | |
|--|---------------|---------------|---------------|
| MEN | | WOMEN | |
| TRACK | FIELD | TRACK | FIELD |
| 100 m | Long Jump | 100 m | Long Jump |
| 200 m | High Jump | 200 m | High Jump |
| 400 m | Triple Jump | 400 m | Triple Jump |
| 800 m | Pole Vault | 800m | Pole Vault |
| 1500 m | Shot Put | 1500 m | Shot Put |
| 3000 m | Javelin Throw | 3000 m | Javelin Throw |
| 110 m/H | Discus Throw | 100 m/H | Discus Throw |
| 400 m/H | Hammer Throw | 400 m/H | Hammer Throw |
| 2000 m SC | | 2000 m SC | |
| 4x100 m Relay | | 4x100 m Relay | |
| 4x400 m (mixed relays 2 Men and 2 Women) | | | |

Rules: Competitions shall be arranged entirely according to the WA Competitions Rules and according to the "Technical regulations for Baltic Team championships in Athletics".

Implements:

In U20 age group:

| | Shot | Discus | Hammer | Javelin |
|--------------|------|---------|--------|---------|
| Women | 4 kg | 1 kg | 4 kg | 600 g |
| Men | 6 kg | 1,75 kg | 6 kg | 800 g |

In U18 age group:

| | Shot | Discus | Hammer | Javelin |
|--------------|-------------|---------------|---------------|----------------|
| Women | 3 kg | 1 kg | 3 kg | 500 g |
| Men | 5 kg | 1,5 kg | 5 kg | 700 g |

Hurdles and steeplechase:

In U20 age group:

| Distance | Number of hurdles | Height of hurdles | Distance from start line to first hurdle | Distance between hurdles |
|-----------------|--------------------------|--------------------------|---|---------------------------------|
| Women | | | | |
| 100 m | 10 | 83,8 cm | 13,0 m | 8,50 m |
| 400 m | 10 | 76,2 cm | 45 m | 35 m |
| 2000 m SC | 23/18 | 76,2 cm | | |
| Men | | | | |
| 110 m | 10 | 99,1 cm | 13,72 m | 9,14 m |
| 400 m | 10 | 91,4 cm | 45 m | 35 m |
| 2000 m SC | 23/18 | 91,4 cm | | |

In U18 age group:

| Distance | Number of hurdles | Height of hurdles | Distance from start line to first hurdle | Distance between hurdles |
|-----------------|--------------------------|--------------------------|---|---------------------------------|
| Women | | | | |
| 100 m | 10 | 76,2 cm | 13,0 m | 8,50 m |
| 400 m | 10 | 76,2 cm | 45 m | 35 m |
| 2000 m SC | 23/18 | 76,2 cm | | |
| Men | | | | |
| 110 m | 10 | 91,4 cm | 13,72 m | 9,14 m |
| 400 m | 10 | 91,4 cm | 45 m | 35 m |
| 2000 m SC | 23/18 | 83,8 cm | | |

Financial conditions:

Travels paid by: Each Federation for their own costs. Board and lodging paid by: Each Federation for their own costs

SIGNATURES:

LATVIA

LITHUANIA

ESTONIA