

BALTIC U20 TEAM CHAMPIONSHIPS

21.07.2026 Võru Stadium, Estonia

12.00	Hammer Throw	W, M
13.00	Pole Vault	W, M
13.15	Opening Ceremony	
13.30	4x100m Relay	W
13.40	4x100m Relay	M
13.45	Discus Throw	W, M
13.55	3000m SC	M
14.15	3000m SC	W
14.40	110m Hurdles	M
14.50	100m Hurdles	W
15.00	Triple Jump	W, M
15.05	800m	W
15.15	800m	M
15.20	High Jump	W
15.30	100m	W
15.35	100m	M
15.40	Javelin Throw	W, M
15.55	400m	W
16.00	400m	M
16.15	5000m RW	W, M
16.50	Long Jump	W, M
17.00	1500m	W
17.05	High Jump	M
17.10	1500m	M
17.15	Shot Put	W, M
17.25	400m Hurdles	M
17.35	400m Hurdles	W
17.55	200m	W
18.00	200m	M
18.10	3000m	W
18.25	3000m	M
18.50	4x400m Mixed Relay	M+W+M+W
19.00	Victory Ceremony	



Competition Director: Marite Mäesaar
Technical Delegate: Lauri Puolokkainen