

# European Athletics Off-Road Running Championships 2026

## Event programme and competition timetable

as on 2 March 2026



### Thursday, 4 June

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08:00 – 16:00	Course inspections	
16:00	Technical Briefing (mountain races)	tbc
18:00	Opening Ceremony	Kamnik

### Friday, 5 June

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<b>08:00</b>	<b>Uphill mountain race – Open race (app. 8,9km)</b>	<b>Stahovica</b>
09:00 – 16:00	Course inspections	
09:45	Medal Ceremony – Open uphill mountain race	Velika Planina <sup>1</sup>
<b>10:00</b>	<b>Uphill mountain race – Elite U20 men (app. 3,8km)</b>	<b>Kisovec</b>
<b>10:30</b>	<b>Uphill mountain race – Elite U20 women (app. 3,8km)</b>	<b>Kisovec</b>
<b>10:30</b>	<b>Uphill mountain race – Elite Senior men (app. 8,9km)</b>	<b>Stahovica</b>
<b>11:00</b>	<b>Uphill mountain race – Elite Senior women (app. 8,9km)</b>	<b>Stahovica</b>
12:45	Medal Ceremonies – Elite uphill mountain races	Velika Planina <sup>1,2</sup>
17:00	Technical Briefing (trail races)	tbc

### Saturday, 6 June

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<b>08:00</b>	<b>Trail race – Open race (app. 25km)</b>	<b>Kamnik</b>
<b>09:00</b>	<b>Trail race – Elite Senior men &amp; women (app. 52km)</b>	<b>Kamnik</b>
<b>09:30</b>	<b>Trail race – Open race (app. 52km)</b>	<b>Kamnik</b>
12:00	Medal Ceremonies – Open trail race 25km	Kamnik <sup>1</sup>
17:00	Medal Ceremonies – Open trail race 52km	Kamnik <sup>1</sup>
18:00	Medal Ceremonies – Elite trail races	Kamnik <sup>1,2</sup>

### Sunday, 7 June

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<b>09:00</b>	<b>Up &amp; down mountain race – Elite U20 men (app. 5,7km)</b>	<b>Kamnik</b>
<b>09:45</b>	<b>Up &amp; down mountain race – Elite U20 women (app. 5,7km)</b>	<b>Kamnik</b>
<b>10:30</b>	<b>Up &amp; down mountain race – Elite Senior men (app. 13,1km)</b>	<b>Kamnik</b>
<b>12:15</b>	<b>Up &amp; down mountain race – Elite Senior women (app. 13,1km)</b>	<b>Kamnik</b>
18:00	Victory Ceremonies – Elite Up & down mountain races	Kamnik <sup>1,2</sup>
18:45	Closing Ceremony	Kamnik

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<sup>1</sup> In case of bad weather conditions, the time and venue of the Medal Ceremonies may change.

<sup>2</sup> Flower Ceremony for each race will take place near the respective finish area, app. 5 minutes after the arrival of the 3<sup>rd</sup> athlete.