

## BALTIC U20 INDOOR TEAM CHAMPIONSHIPS AGREEMENT

**Match:** Baltic U20 Indoor Team Championships

**Organiser:** Lithuanian Athletics Federation

**Venue:** President Valdas Adamkus Indoor Athletics Arena,  
Perkūno al. 3., Kaunas/LTU

**Date:** 14.02.2026

**Participants:** Men and Women (U20), 2 athletes per event from each country,  
one relay team per country.

**Age:** U20 - Men and Women (born in 2007-2008)

**Scoring:** Total scoring  
Individual: 6-5-4-3-2-1; Relays: 6-4-2

**Events:**

| MEN                                  |             | WOMEN     |             |
|--------------------------------------|-------------|-----------|-------------|
| TRACK                                | FIELD       | TRACK     | FIELD       |
| 60 m                                 | Long Jump   | 60 m      | Long Jump   |
| 200 m                                | High Jump   | 200 m     | High Jump   |
| 400 m                                | Triple Jump | 400 m     | Triple Jump |
| 800 m                                | Pole Vault  | 800 m     | Pole Vault  |
| 1500 m                               | Shot Put    | 1500 m    | Shot Put    |
| 3000 m                               |             | 3000 m    |             |
| 60 m H                               |             | 60 m H    |             |
| 5000 m RW                            |             | 5000 m RW |             |
| 4x400 m Mixed relay (Order: M-W-M-W) |             |           |             |

**Rules:** Competitions shall be arranged entirely according to the WA's Competitions Rules and according to the "Technical regulations for Baltic Team championships in Athletics".

**Financial conditions:**

Travels paid by: Each Federation for their own costs

Board and lodging paid by: Each Federation for their own costs

**SIGNATURES:**



ESTONIA



LATVIA



LITHUANIA