

# **EUROPEAN RUNNING CHAMPIONSHIPS**

# 1701. **PROMOTION AND RIGHTS**

- 1701.1. The European Athletic Association (hereinafter European Athletics) shall promote a European Running Championships every two years, in every odd-numbered year, during the spring season.
- 1701.2. All rights in and arising from the European Running Championships are the exclusive property of European Athletics. These rights include but are not limited to rights of ownership, marketing, advertising, broadcasting, filming, televising and all or any other means of exploitation. No other entity may exercise any of these rights without the written consent of European Athletics.
- 1701.2.1. For the strict and limited purpose of promoting European Athletics, the sport of Athletics or any particular athletics competitions and for non-commercial use, European Athletics may without charge and on a worldwide basis use any images of European athletes in any media at or in conjunction with any athletics competitions in which European Athletics has an ownership interest, including European Running Championships.
- 1701.2.2. Should an athlete not agree with such procedure, a written letter stating the reasons for this opposition shall be sent to the European Athletics Headquarters in Lausanne two (2) weeks prior to the respective event.
- 1701.2.3. Furthermore, any competition images from any European Athletics events shall not be used by the athletes for commercial use. However, the use of event images on social media sites, as long as there is no commercial purpose, is not prohibited.
- 1701.3. The athletes acknowledge and agree to European Athletics' use of the personal data, included but not limited to the first name, name, date of birth, club affiliation, results, in accordance with the General Data Protection Regulation Act on Data Protection, as well as disclosure of athletes' personal data to European Athletics affiliates, employees, agents, representatives and third party organisations worldwide for the purpose of promotion of the sport and to provide statistics.
- 1701.3.1. Athletes further acknowledge and agree to European Athletics' use of the personal data if required to do so by law or in the good faith belief that any such preservation or disclosure is reasonably necessary to comply with legal process, enforce these Regulations, respond to claims that any content violates the rights of third parties, or protect the rights, property, or personal safety of other users or the public.

# 1702. PROGRAMME, STRUCTURE AND SCORING

- 1702.1. The European Running Championships shall be held on an asphalted road course over 2 (two) days and in accordance with the applicable Competition, Advertising, Doping and other relevant Rules and Regulations of the World Athletics.
- 1702.2. The programme shall comprise the following events:



Men : Marathon, Half Marathon, 10km. Women : Marathon, Half Marathon, 10km.

Preferably the Marathon should be held on the first day, the Half Marathon and the 10km race on the second day of the Championships, subject to the approval of European Athletics.

The starting times of the events on the same day shall be so determined to avoid interaction between the runners not participating in the same race.

- 1702.3. The European Running Championships for elite athletes comprises separate events for individuals and teams representing European Athletics Member Federations.
- 1702.4. All European Athletics Members Federations in good standing shall be entitled to enter athletes in the elite races. This principle applies to all other runners, nationals of the countries of the mentioned Member Federations entering to the mass races.
- 1702.5. Athletes entered in the elite races of the European Running Championships may participate as individuals and as members of teams representing European Athletics Member Federations.
- 1702.6. Athletes may participate in accordance with the following age restrictions:
- 1702.6.1. Only athletes aged at least 20 (twenty) years on 31 December of the year of the competition may participate in the Marathon and Half Marathon (Men and Women).
- 1702.6.2. Only athletes aged at least 18 (eighteen) years on 31 December of the year of the competition may participate in the 10km (Men and Women).
- 1702.7. Each European Athletics Member Federation may enter a maximum of 8 (eight) athletes in each event, of which a maximum of 6 (six) may participate.
- 1702.7.1. Each European Athletics Member Federation may enter 1 (one) team in each event.
- 1702.7.2. Each European Athletics Member Federation entering a team in any event shall take part with no fewer than 3 (three) athletes.
- 1702.7.3. The times of the first 3 (three) finishing athletes of each team shall be aggregated in order to determine the finishing order, the team with the lowest aggregate time being the winner, and so on.
- 1702.7.4. A tie shall be resolved in favour of the team whose last scoring athlete finishes nearest to the first place.

1702.7.5. A team finishing with fewer than 3 (three) athletes will not be classified in the team result.

1702.7.6. All runners finishing shall be classified individually and shall be eligible for individual awards.



1702.8. No further disciplines can be added to the programme of European Running Championships unless decided by the Council, in due time (at least 2 years before the relevant Championships).

It includes any additional discipline (s) and/or separate categories under the World Para Athletics' classification rules for the athletes using mechanical aid, but not being authorised by the World Athletics to compete with other athletes under the existing programme of the European Running Championships.

Any decision on authorisation of use of a mechanical aid made pursuant to the World Athletics Mechanical Aids Regulations and lies within the Mechanical Aids Review Panel established by the World Athletics for that purpose.

# 1703. MASS PARTICIPATION AND COUNTRY RANKING

- 1703.1. A Mass Participation Race shall be included in each event of the European Running Championships.
- 1703.2. Individuals shall be able to register themselves for the Mass Participation Race in each event of the European Running Championships through the registration system approved by European Athletics.
- 1703.3. Only runners aged at least 20 (twenty) years on 31 December of the year of the competition may participate in the mass participation division of the Marathon and Half Marathon.
- 1703.4. Only runners aged at least 18 (eighteen) years on 31 December of the year of the competition may participate in the mass participation division of the 10km.
- 1703.5. A relay race may be included in each Mass Participation Race of the European Running Championships provided the prior written approval of the European Athletics has been obtained. The stages and technical aspects of such relay races shall be consulted with the Technical Delegate.
- 1703.6. There shall be a Country Ranking for each race and each gender for the nationals representing the same European Athletics Member Federation's country in each event of the European Running Championships based on the aggregate times of the elite athletes and the mass participants.
- 1703.6.1 For the purpose of Country Ranking, it will be taken in consideration only those athletes Federation which he/she is eligible to represent in accordance with the World Athletics Rules.
- 1703.6.2. The net finishing times of top 25 runners per country, including the elite athletes of each European Athletics Member Federation, shall be aggregated in order to determine the Country Ranking. This will be applied for each race and each gender.
- 1703.6.3. The country with the lowest aggregate time will be the winner, and so on.
- 1703.6.4. A tie shall be resolved in favour of the country whose last scoring runner finishes nearest to the first place.



1703.6.5. Countries finishing with fewer than the 25 runners will not be classified in the Country Ranking.

# 1704. CUT-OFF TIMES AND RELATED PROCEDURES

- 1704.1. The maximum times allowed for the runners to finish the race in each event of the European Running Championships are:
  - 6 hours for the Marathon,
  - 3 hours for the Half Marathon,
  - 2 hours for the 10km.
- 1704.2. The Organiser, in consultation with the European Athletics Technical Delegate, shall set separate time limits for given check points. Such time limits shall be published in advance. Runners who exceed the time limit will be excluded from the competition and listed as DNF (Did Not Finish) in the results.

# 1705. ENTRIES AND CONFIRMATION

#### 1705.1. ELITE RACES

- 1705.1.1. Each European Athletics Member Federation may enter individuals or one team in each elite race of the European Athletics Running Championships.
- 1705.1.2. There are no entry standards for the European Athletics Running Championships.
- 1705.1.3. No athlete may take part in the elite races of the European Athletics Running Championships unless entered by the European Athletics Member Federation which he/she is eligible to represent in accordance with the World Athletics Rules.
- 1705.1.4. Preliminary Entries: Not later than 3 (three) months (14:00 CET) before the first day of the European Athletics Running Championships, each European Athletics Member Federation shall send to European Athletics (usually via the teams' on-line entry system) a preliminary list of entries, indicating its anticipated numbers of athletes per elite event and the numbers of accompanying officials.
- 1705.1.5. Final Entries: Not later than 10 (ten) days (14:00 CET) before the first day of the European Athletics Running Championships, each European Athletics Member Federation shall send to European Athletics a final list of its entries, plus the names of accompanying officials. No subsequent changes may be made thereto without the consent of European Athletics.

No additional athletes will be accepted after the closing of the Final Entries.

Exceptional changes related to already entered athletes may be accepted by European Athletics, until the final confirmation deadline of the first competition day. In case of such changes, the respective Member Federation would be accountable for a financial penalty of EUR 1500 per case. This amount would be deducted from the Member Federation's European Athletics subvention at the end of the year.



Final Entry information shall be supplied in the manner to be prescribed by European Athletics (usually via the teams' on-line entry system) and shall include such details as required by European Athletics, including the names and best performances of each athlete.

- 1705.1.6. Final Declarations: Confirmation of Final Entries and the Final Declaration of athletes to compete shall be made according to the procedures defined in the Team Manual.
- 1705.1.7. Each European Athletics Member Federation may enter only those athletes who have received and hold a valid certification for having completed European Athletics Anti-Doping Education Programme I Run Clean.

# 1706.2. MASS PARTICIPATION RACES

- 1706.2.1. Individuals can register themselves without limitation for the mass participation races of the European Athletics Running Championships.
- 1706.2.2. Non-European Athletics Member Federation nationals can register and participate in the mass participation races of the European Athletics Running Championships. Such non-European participants shall be assigned to the last starting corrals at the start of each race. Their results will be displayed but not considered for the official individual, team or country ranking.
- 1706.2.2. The registration shall be via an online system set up by European Athletics. Depending on the specifications of the venue, the maximum number of participants may be limited.

# 1707. APPLICATIONS TO STAGE THE EUROPEAN RUNNING CHAMPIONSHIPS

- 1707.1. Any European Athletics Member Federation in good standing may apply to stage the Event provided that the proposed venue and city/region comply with the criteria established by European Athletics and that the application is made jointly with the proposed city/region.
- 1707.2. Each applicant shall complete the European Athletics official application forms and supply such information and undertakings as European Athletics shall require. The applications shall be completed in English and any application that is not fully and properly completed may be regarded as invalid.
- 1707.3. The European Athletics Executive Board shall approve the time and deadlines for applications, which shall be announced by the Office, and these will normally include:
  - i. Indication of interest in the event bidding questionnaire.
  - ii. Confirmation of candidature, with the name of the bid city/region.
  - iii. Formal application to be submitted by the Member Federation and City.
  - iv. Decision of the European Athletics Council / Executive Board (as applicable).
- 1707.4. The written undertakings required to be submitted with the application shall normally include:
  - i. The bidding European Athletics Member Federation's and city's joint undertaking to respect the applicable Rules and Regulations of the World Athletics, European



Athletics and other competent authorities and to enter into an organiser agreement with European Athletics.

- ii. A guarantee(s) from the owner(s) that all official sites used for the event shall be free of all commercial and non-commercial advertising, identifications and/or franchises.
- iii. A letter of intent by a television broadcaster of the bidders' country to act as host broadcaster in accordance with the requirements of European Athletics.
- iv. The undertakings in writing of relevant national, regional and other authorities that they support the application.
- v. A guarantee from the respective authorities for the right of safe passage and free entry into the country to all participants and free import and export of material/equipment as necessary for the organisation of the event.
- vi. A detailed budget of income and expenditure for the event.
- 1707.5. The European Athletics Council shall be entitled to amend or vary the above procedures if it is of the opinion that it is in the interests of the Event.

# 1708. TECHNICAL REQUIREMENTS

1708.1. The European Running Championships shall be staged in a venue and city which are appropriate to the event. European Athletics may establish criteria by which the suitability of a proposed venue may be decided. The city shall be of an appropriate size and standing and the competition venue shall have modern facilities and be fully equipped in conformity with the respective World Athletics rules.

# **Race Course**

- 1708.1.1. Each course must comply with the requirements of the World Athletics Technical Rule 55 identifying the Road Races and the World Athletics Competition Rule 31.21 on World Records in Road Running Event.
- 1708.1.2. The courses shall be measured by a World Athletics/AIMS Grade A International Road Race Measurer appointed by European Athletics unless they are previously measured by a grade A measurer and each holds a valid International Measurement Certificate. The measurer who did the original measurements shall attend the European Running Championships and lead the races in a vehicle or on a bicycle to ensure that the measured courses are respected.
- 1708.1.3. At minimum every 5km in each race, and the half marathon of the Marathon must be measured, marked and included in the course maps.
- 1708.1.4. A measurement line must be marked along the courses in a distinctive colour that cannot be mistaken for other markings on the road.

# Warm-Up Area

1708.2. There must be a separate warm-up area for the elite athletes close to the Call Room and to the Start. The warm-up area and its surrounding facilities shall be approved by the European Athletics Technical Delegate.



#### Training

1708.3. Elite athletes must be provided with adequate training opportunities at a reasonable distance from the Team Hotels at appropriate times. The European Athletics Technical Delegate shall inspect the proposed areas during a Site Visit and only those areas and facilities approved by the Technical Delegate must be used during the event.

#### **Timing and Announcement of Results**

- 1708.4. The Organiser must ensure that electronic timing is carried out using a chip transponder system. The system shall be consulted with and approved by European Athletics.
- 1708.4.1 The intermediate times at the following splits shall be recorded and included in the results:
  - 5km of the 10km
  - 5km, 10km, 15km, 20km of the Half Marathon
  - 5km, 10km, 15km, 20km, half marathon, 25km, 30km, 35km, 40km of the Marathon
- 1708.4.2 Photo finish technology and a video recording system must be used as a back up to determine the finishing order. The images of both systems must be made available to the Jury of Appeal in case of an appeal.
- 1708.4.3. Full results must be available to all runners and public (on a website and/or on an application) in real time or immediately after each event.

#### Video Screen

1708.5. The Organiser shall provide a video screen, at least 24 sqm, placed in view of the VIP, Spectator and Media stands, to display the race coverage.

#### Sound System

1708.6. A suitable sound system for public address and Event Presentation purposes must be available at the start and finish areas and along the course.

# 1709. DOPING CONTROL AND MEDICAL SERVICES

- 1709.1. Doping control shall be conducted in accordance with the respective World Athletics Rules and Guidelines and shall be carried out under the supervision of the European Athletics Doping Control Delegate.
- 1709.1.1. The location and the layout of the Doping Control Station must be agreed with the European Athletics Doping Control Delegate.
- 1709.2. Medical services shall be planned in accordance with the respective World Athletics and European Athletics Rules and Guidelines and shall be carried out under the supervision of European Athletics Medical Delegate.



1709.2.1. The Organiser, in consultation with the European Athletics Medical Delegate, shall prepare a plan against full-scale disasters and accidents.

# 1710. THE ORGANISING CONTRACT

1710.1. Immediately after the decision of the European Athletics Council to appoint an organiser, the appointed European Athletics Member Federation and city/region shall enter into an organising contract with European Athletics, such contract to establish the respective rights and obligations of the parties in relation to the European Running Championships.

# 1711. THE RIGHTS AND DUTIES OF THE EUROPEAN ATHLETICS

- 1711.1. Notwithstanding the organising contract, European Athletics shall retain the overall care and responsibility of the European Running Championships. In exercise of this role, the European Athletics Council shall:
- 1711.1.1. Decide the dates, venue and the organiser,
- 1711.1.2. Appoint Delegates and other persons (see 1714.3),
- 1711.1.3. Approve the procedure for deciding the timetable of events.

# 1712. THE RESPONSIBILITIES OF THE ORGANISER

1712.1. The organiser shall be responsible for organising and staging the European Running Championships in accordance with the organising contract and in compliance with the Rules and Regulations and directions of European Athletics.

# 1713. FINANCIAL REGULATIONS

# **The Organiser**

- 1713.1. The financial rights and obligations of the organiser shall be set out in the organising contract. Subject thereto, the organiser shall be responsible for all costs of organising and staging the European Running Championships but may retain the income from the sale of admission tickets, approved television and marketing rights, subventions and grants from national and/or local authorities.
- 1713.2. For the avoidance of doubt, the organiser shall be responsible for the costs of the following persons:

Delegates appointed by European Athletics (see 1714.3); (except for the Council Delegate); travel, accommodation and board at the event and accommodation and board at the site visits.



Staff and representatives of European Athletics specialist contractors and sponsors; according to the respective contracts.

1713.3. The Organiser – shall cover full board accommodation (in twin rooms) for up to 6 athletes (one male and one female athletes in each of the respective elite races) and up to 2 team officials per Member Federation for up to 3 (three) nights.

# **European Athletics**

- 1713.4. European Athletics shall not be responsible for any costs other than those referred to in these regulations and/or the organising contract.
- 1713.5. European Athletics shall be responsible for all direct laboratory costs connected with the doping control including laboratory costs for tests requested for World or Area Records but excluding tests specifically requested by Member Federations or participating individuals.
- 1713.6. European Athletics shall be responsible for the travelling costs of Delegates appointed by European Athletics at the sites visits prior to the event and staff members travelling costs, accommodation and board when visiting the venue.

# The Participating European Athletics Member Federations

- 1713.7. European Athletics Member Federations and the individuals competing in mass participation races shall be responsible for all costs incurred as a result of their participation in European Running Championships.
- 1713.8. The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for subsequent any reduction in the actual numbers of athletes and/or officials.
- 1713.9. European Athletics Member Federations and the individuals (competing in mass participation races) are responsible for taking out their own insurance to cover illness or injury when travelling to and from and during the European Running Championships.

# 1714. THE EUROPEAN ATHLETICS OFFICIATING PERSONS

- 1714.1. The President and the CEO of European Athletics or their representative(s) shall have the overall responsibility for the care and supervision of the European Running Championships.
- 1714.2. European Athletics shall designate a member of its professional staff to be the Project Leader having the responsibility to coordinate the European Athletics Officiating Persons and other staff members and to direct the operational management of the event in cooperation with the organiser.
- 1714.3. The European Athletics Council shall appoint the following Delegates and other persons to provide specialist advice and guidance to the organiser:



- 1 Council Delegate
- 1 Technical Delegate
- 1 Doping Control Delegate
- 1 Medical Delegate
- 2 World Athletics Referees, Gold and/or Silver Level
- 1 International Road Course Measurer, unless the Organiser had the course measured as 1708.1.2 above.
- 3 Jury of Appeal Members to be appointed at the Technical Meeting (no members will be appointed to replace those that cannot be present in case their countries are directly/indirectly involved in the protest. Decision will be made with the number of members present and in case there is a tie in the voting for the decision the Chair/Vice-Chair - appointed in advance - will take the final decision).
- 1714.4. As soon as possible after the decision to appoint an organiser, European Athletics shall inform the Organiser as to the names and roles of the European Athletics Officiating Persons and the organiser shall cooperate with and follow the reasonable and proper directions of such persons.

# 1715. PROTOCOL, CEREMONIES, AWARDS

1715.1. All matters concerning protocol, ceremonies, awards and related matters shall be decided by European Athletics which may, from time to time, establish guidelines.

# **Opening Ceremony**

1715.2. Subject to 1715.1, the Organiser shall propose opening ceremony of styles and content appropriate to the venue. It may include ceremony and/or celebrations held either inside or outside the competition venue. Such proposals shall be subject to the approval of European Athletics and shall be appropriate to a European Running Championships.

# 1715.3. Victory Ceremonies

- 1715.3.1. The individual winner, second placed and third placed in each elite event shall receive gold, silver and bronze medals respectively to be provided by the Organiser.
- 1715.3.2. The winning teams in each elite race shall receive and retain a cup to be provided by European Athletics. The second and third placed teams shall receive a trophy to be provided by European Athletics.
- 1715.3.3. For the winning, second and third elite teams, the 3 (three) scoring members as well as the non-scoring members who completed the event shall attend the ceremony and receive medals to be provided by the Organiser.
- 1715.3.4. Each scoring runner (as per 1703.6.2.) of the first, second and third placed countries in the Country Ranking shall receive gold, silver and bronze medals respectively, in a different size/design than the elite athletes' medals, provided by the Organiser.



- 1715.3.5. During the ceremony, the national anthem of the winner's country shall be played.
- 1715.3.6. During the ceremony, the elite athletes must wear their official team uniforms.
- 1715.3.7. The Organiser must consult with European Athletics on the presentation of the Country Ranking medals.

#### Diplomas

1715.4. Diplomas (in downloadable format) shall be presented to all finishers in each event without any ceremonies.

# 1716. INFORMATION, NAMES AND ABBREVATIONS

- 1716.1. All information shall be printed, displayed or announced in English.
- 1716.2. The names and abbreviations of all World Athletics Member Federations shall, at all times, conform to those approved and decided by the World Athletics.

#### 1717. FINAL PROVISIONS

- 1717.1. All matters not provided for by these Regulations shall be decided by the European Athletics Council.
- 1717.2. These Regulations are drawn up in English.
- 1717.3. These Regulations may be amended by the European Athletics Council.