

SACENSĪBU RĪKOŠANAS TEHNISKĀ INFORMĀCIJA 2024

| | | | |
|-------------------|-------------------------|-----------------------|-----------------------|
| U14 | 2011 - 2012 | Zēniem | Meitenēm |
| | Lode | 3 kg | 2 kg |
| | Disks | 0.75 kg | 0.75 kg |
| | Šķēps | 400 g | 400 g |
| | 60 m/b | 13.00-7.50-76.2 (5) | 12.00-7.50-76.2 (5) |
| | 80 m/b | 13.00-7.50-76.2 (8) | 12.00-7.50-76.2 (8) |
| U16 | 2009 - 20010 | Zēniem | Meitenēm |
| | Lode | 4 kg | 3 kg |
| | Disks | 1 kg | 0.75 kg |
| | Veseris | 4 kg | 3 kg |
| | Šķēps | 600 g | 400 g |
| | 60 m/b | 13.00-8.50-83.8 (5) | 12.00-8.00-76.2 (5) |
| | 110 m/b; 100 m/b | 13.00-8.50-83.8 (10) | 12.00-8.00-76.2 (10) |
| | 300 m/b | 45.00-35.00-76.2 (7) | 45.00-35.00-76.2 (7) |
| U18 | 2007 - 2008 | Jauniešiem | Jaunietēm |
| | Lode | 5 kg | 3 kg |
| | Disks | 1.5 kg | 1 kg |
| | Veseris | 5 kg | 3 kg |
| | Šķēps | 700 g | 500 g |
| | 60 m/b | 13.72-9.14-91.4 (5) | 13.00-8.50-76.2 (5) |
| | 110 m/b; 100 m/b | 13.72-9.14-91.4 (10) | 13.00-8.50-76.2 (10) |
| | 400 m/b | 45.00-35.00-83.8 (10) | 45.00-35.00-76.2 (10) |
| U20 | 2005 - 2006 | Junioriem | Juniorēm |
| | Lode | 6 kg | 4 kg |
| | Disks | 1.75 kg | 1 kg |
| | Veseris | 6 kg | 4 kg |
| | Šķēps | 800 g | 600 g |
| | 60 m/b | 13.72-9.14-99.1 (5) | 13.00-8.50-83.8 (5) |
| | 110 m/b; 100 m/b | 13.72-9.14-99.1 (10) | 13.00-8.50-83.8 (10) |
| | 400 m/b | 45.00-35.00-91.4 (10) | 45.00-35.00-76.2 (10) |
| Pieaugušie | 2004 un vecāki | Vīriešiem | Sievietēm |
| | Lode | 7.26 kg | 4 kg |
| | Disks | 2 kg | 1 kg |
| | Veseris | 7.26 kg | 4 kg |
| | Šķēps | 800 g | 600 g |
| | 60 m/b | 13.72-9.14-1.067 (5) | 13.00-8.50-83.8 (5) |
| | 110 m/b; 100 m/b | 13.72-9.14-1.067 (10) | 13.00-8.50-83.8 (10) |
| | 400 m/b | 45.00-35.00-91.4 (10) | 45.00-35.00-76.2 (10) |
| | 3000 m/šķ | 91.4 | 76.2 |

* 1500m disciplinā tiek ietverti 15 šķēršļi, no kuriem 3 ir ūdensšķēršļi.

** 2000m disciplinā tiek ietverti 23 šķēršļi, no kuriem 5 ir ūdensšķēršļi (telpās – 18 šķēršļi).