

**Timetable** (as of 03.03.2023)

Saturday, 11 March 2023				
Time	Event	Gender	Category	Venue
09:30	Hammer	M	Senior-B	NTC
12:00	Shot Put	W	U23	NTC
12:15	Hammer	M	Senior-A	NTC
13:35	Shot Put	W	U23 Victory Ceremony	NTC
14:50	Hammer	M	Senior Victory Ceremony	NTC
15:15	Discus	M	Senior-A	NTC
15:55	Discus	M	U23	MS
16:30	Shot Put	W	Senior-A	NTC
16:30	Shot Put	W	Senior-B	NTC
17:30	Discus	M	Senior-B	NTC
17:45	Discus	M	U23 Victory Ceremony	NTC
17:55	Javelin	W	Senior-B	MS
18:10	Shot Put	W	Senior Victory Ceremony	NTC
19:25	Discus	M	Senior Victory Ceremony	NTC
19:30	Javelin	W	Senior-A	MS
19:45	Hammer	M	U23	NTC
21:00	Javelin	W	Senior Victory Ceremony	NTC
21:05	Javelin	W	U23	MS

Sunday, 12 March 2023				
Time	Event	Gender	Category	Venue
10:15	Hammer	W	Senior-B	NTC
10:20	Javelin	M	U23	MS
11:35	Hammer	M	U23 Victory Ceremony	NTC
11:45	Javelin	W	U23 Victory Ceremony	NTC
12:00	Shot Put	M	U23-A	NTC
12:00	Shot Put	M	U23-B	NTC
12:30	Javelin	M	U23 Victory Ceremony	NTC
12:40	Javelin	M	Senior	MS
12:45	Hammer	W	Senior-A	NTC
13:15	Shot Put	M	U23 Victory Ceremony	NTC
14:40	Javelin	M	Senior Victory Ceremony	NTC
15:00	Hammer	W	Senior Victory Ceremony	NTC
15:15	Discus	W	Senior-B	MS
15:20	Discus	W	Senior-A	NTC
16:30	Shot Put	M	Senior-A	NTC
16:30	Shot Put	M	Senior-B	NTC
17:05	Discus	W	Senior Victory Ceremony	NTC
17:15	Discus	W	U23	MS
17:20	Hammer	W	U23	NTC
18:20	Shot Put	M	Senior Victory Ceremony	NTC
19:00	Hammer	W	U23 Victory Ceremony	NTC
19:10	Discus	W	U23 Victory Ceremony	NTC

**National Throwing Centre  
Leiria Municipal Stadium**

**NTC  
MS**