BALTIC TEAM CHAMPIONSHIPS/ PRESIDENT'S CUP
29.-30.07.2022.
VALMIERA, LATVIA

CALL ROOM
DAY 1

Discipline	Group	CALL ROOM		Arrival at the site	Competition start time
		from	to		
Hammer Throw	W, M	14:50	15:00	15:05	15:30
100 m B race	*W*	*15:55*	*16:05*	*16:08*	*16:15*
100 m B race	*M*	*16:03*	*16:13*	*16:16*	*16:23*
110 mH	M	16:38	16:48	16:52	17:00
Pole Vault	W	16:15	16:25	16:30	17:05
Shot Put	W, M	16:30	16:40	16:45	17:10
100 mH	W	16:53	17:03	17:07	17:15
Long Jump	W, M	16:45	16:55	17:00	17:25
3000 m SC	M	17:10	17:20	17:23	17:30
High Jump	M	17:10	17:20	17:25	17:45
3000 m SC	W	17:30	17:40	17:43	17:50
Javelin Throw	W, M	17:20	17:30	17:35	18:00
400 m	W	17:50	18:00	18:03	18:10
400 m	M	18:00	18:10	18:13	18:20
1500 m	W	18:13	18:23	18:28	18:35
1500 m	M	18:23	18:33	18:38	18:45
100 m	W	18:45	18:55	18:58	19:05
100 m	M	18:55	19:05	19:08	19:15
4x100 m	W	19:40	19:50	19:53	20:00
4x100 m	M	19:50	20:00	20:03	20:10