



# WMA TAMPERE 2022

30 June - 10 July

Timetable



## Wednesday 29 June

29.6 Tampereen Stadion (Ratina)			
<b>Decathlon Day 1</b>			
9:00	M75+	Decathlon	
9:20	M70	Decathlon	
11:10	M65	Decathlon	
12:30	M60	Decathlon	
<b>Track</b>			
9:15	M80	100m	Q
9:30	M70	100m	Q
9:50	M65	100m	Q
10:15	M60	100m	Q
10:45	M55	100m	Q
10:50	W55	100m	Q
11:30	W50	100m	Q
11:45	M50	100m	Q
12:50	W45	100m	Q
13:10	M45	100m	Q
13:40	M40	100m	Q
14:10	W40	100m	Q
14:30	M35	100m	Q
<b>16:00</b>	<b>M55</b>	<b>800m</b>	<b>Q</b>
<b>Field</b>			
10:40	M55	Shot Put	F
12:05	M45	Shot Put	F
12:35	M50	Shot Put	F
14:15	M35	Shot Put	F
14:40	M40	Shot Put	F

29.6 Hervanta		
<b>Heptathlon Day 1</b>		
10:00	W50	Heptathlon
10:20	W45	Heptathlon
11:30	W40	Heptathlon
11:55	W35	Heptathlon
<b>Track</b>		
13:00	W70+	5000m Race Walk
15:10	W60-W65	5000m Race Walk
17:20	W50-W55	5000m Race Walk
18:30	W35-W40-W45	5000m Race Walk

29.6 Tampere Exhibition and Sports Center (TESC)		
11:30	W50	Hammer
11:30	W70	Hammer
11:30	W75+	Hammer
13:30	W45	Hammer
13:30	W65	Hammer
15:30	W40	Hammer
15:30	W60	Hammer
17:30	W35	Hammer
17:30	W55	Hammer

Thursday 30 June

30.6 Tampereen Stadion (Ratina)				30.6 Tampereen Stadion (Ratina)			
<b>Decathlon Day 2</b>				18:00	W60	100m	Final
9:00	M75+	Decathlon		18:05	M55	100m	Final
9:15	M70	Decathlon		18:10	W55	100m	Final
11:20	M65	Decathlon		18:15	M50	100m	Final
11:35	M60	Decathlon		18:20	W50	100m	Final
<b>Track</b>				18:25	M45	100m	Final
09:30	M85	100m	S	18:30	W45	100m	Final
09:35	M80	100m	S	18:35	M40	100m	Final
09:40	M75	100m	S	18:40	W40	100m	Final
09:50	M70	100m	S	18:45	M35	100m	Final
10:00	W70	100m	S	18:50	W35	100m	Final
10:10	M65	100m	S	<b>Field</b>			
10:25	W65	100m	S	12:00	W75+	Shot Put	F
10:35	M60	100m	S	13:30	W70	Shot Put	F
10:45	W60	100m	S	15:10	W65	Shot Put	F
10:55	M55	100m	S	16:50	W60	Shot Put	F
11:10	W55	100m	S	18:40	W55	Shot Put	F
12:00	M50	100m	S	<b>30.6 Hervanta</b>			
12:10	W50	100m	S	<b>Heptathlon Day 2</b>			
12:20	M45	100m	S	11:00	W50	Heptathlon	
12:30	W45	100m	S	11:00	W45	Heptathlon	
12:40	M40	100m	S	12:25	W40	Heptathlon	
12:50	W40	100m	S	12:25	W35	Heptathlon	
13:00	M35	100m	S	<b>Track</b>			
13:10	W35	100m	S	10:30	M35-M40-M45	5000m Race Walk	
13:30	M75	800m	S	11:30	M50	5000m Race Walk	
13:40	M70	800m	S	12:30	M55	5000m Race Walk	
14:00	M65	800m	S	<b>30.6 Tampere Exhibition and Sports Center (TESC)</b>			
14:15	W65	800m	S	<b>Cross Country</b>			
14:25	M60	800m	S	10:00	M70+	6km	
14:45	W60	800m	S	11:15	W70+	6km	
14:50	M55	800m	S	12:30	M60-M65	8 km	
15:05	W55	800m	S	13:35	M55	8 km	
15:15	M50	800m	S	14:40	W50-W55-W60-W65	8 km	
15:35	W50	800m	S	15:45	M45-M50	8 km	
15:50	M45	800m	S	16:50	W35-W40-W45	8 km	
16:05	M40	800m	S	17:55	M35-M40	8 km	
16:25	M35	800m	S	<b>30.6 Tampere Exhibition and Sports Center (TESC)</b>			
17:00	M90+	100m	Final	10:00	M55	Hammer	
17:05	M85	100m	Final	10:00	M80+	Hammer	
17:10	W85+	100m	Final	12:00	M50	Hammer	
17:15	M80	100m	Final	12:00	M75	Hammer	
17:20	W80	100m	Final	14:00	M45	Hammer	
17:25	M75	100m	Final	14:00	M70	Hammer	
17:30	W75	100m	Final	16:00	M40	Hammer	
17:35	M70	100m	Final	16:30	M65	Hammer	
17:40	W70	100m	Final	18:00	M35	Hammer	
17:45	M65	100m	Final	18:00	M60	Hammer	
17:50	W65	100m	Final				
17:55	M60	100m	Final				

Friday 1 July

1.7 Tampereen Stadion (Ratina)			
Decathlon Day 1			
9:00	M55	Decathlon	
9:15	M50	Decathlon	
12:15	M45	Decathlon	
12:35	M40	Decathlon	
13:45	M35	Decathlon	
Track			
09:40	M35	400m Hurdles	S
09:50	M40	400m Hurdles	S
10:00	M45	400m Hurdles	S
10:15	M50	400m Hurdles	S
10:25	M55	400m Hurdles	S
10:35	W40	400m Hurdles	S
10:45	W45	400m Hurdles	S
11:00	M60	300m Hurdles	S
11:10	M65	300m Hurdles	S
11:20	W50	300m Hurdles	S
11:30	W55	300m Hurdles	S
11:40	M70	300m Hurdles	S
11:50	M75	300m Hurdles	S
12:00	M80	200m Hurdles	S
14:10	M85+	800m	Final
14:20	M80	800m	Final
14:30	W80+	800m	Final
14:40	M75	800m	Final
14:50	W75	800m	Final
15:00	M70	800m	Final
15:10	W70	800m	Final
15:20	M65	800m	Final
15:30	W65	800m	Final
15:40	M60	800m	Final
15:50	W60	800m	Final
16:00	M55	800m	Final
16:10	W55	800m	Final
16:20	M50	800m	Final
16:30	W50	800m	Final
16:40	M45	800m	Final
16:50	W45	800m	Final
17:00	M40	800m	Final
17:10	W40	800m	Final
17:20	M35	800m	Final
17:30	W35	800m	Final
Field			
9:30	M85+	Shot Put	F
9:30	M80	Shot Put	F
9:30	M75	Shot Put	F
11:30	M70	Shot Put	F
17:45	M60	Shot Put	F
19:40	M65	Shot Put	F

1.7 Hervanta		
Heptathlon Day 1		
10:00	W75+	Heptathlon
10:20	W65-W70	Heptathlon
11:30	W60	Heptathlon
11:55	W55	Heptathlon
Track		
12:00	M80+	5000m Race Walk
13:00	M75	5000m Race Walk
15:10	M70	5000m Race Walk
17:20	M65	5000m Race Walk
18:30	M60	5000m Race Walk

1.7 Tampere Exhibition and Sports Center (TESC)		
12:00	W35	Weight Throw
12:00	W50	Weight Throw
13:30	W40	Weight Throw
13:30	W55	Weight Throw
13:30	W60	Weight Throw
15:00	W45	Weight Throw
15:00	W65	Weight Throw
16:30	W75+	Weight Throw
16:30	W70	Weight Throw

**Saturday 2 July**

<b>2.7 Tampereen Stadion (Ratina)</b>			
<b>Decathlon Day 2</b>			
9:00	M55	Decathlon	
9:15	M50	Decathlon	
10:50	M45	Decathlon	
11:05	M40	Decathlon	
13:35	M35	Decathlon	
<b>Track</b>			
10:00	M70	200m	Q
10:20	M65	200m	Q
10:40	M60	200m	Q
12:05	M55	200m	Q
13:15	M50	200m	Q
14:00	M45	200m	Q
14:55	M40	200m	Q
15:50	M35	200m	Q
12:35	W55	200m	Q
13:45	W50	200m	Q
14:30	W45	200m	Q
15:25	W40	200m	Q
<b>Field</b>			
10:00	M85+	Long Jump	F
10:00	W35	Shot Put	F
10:00	M60	Long Jump	F
11:30	W40	Shot Put	F
11:30	M80	Long Jump	F
11:30	M75	Long Jump	F
13:00	W45	Shot Put	F
13:30	M70	Long Jump	F
14:30	W50	Shot Put	F
15:30	M65	Long Jump	F

<b>2.7 Hervanta</b>			
<b>Heptathlon Day 2</b>			
11:00	W75+	Heptathlon	
11:00	W65-W70	Heptathlon	
12:25	W60	Heptathlon	
12:25	W55	Heptathlon	
<b>Track</b>			
10:00	M65	5000m	B Final
10:40	M65	5000m	A Final
11:20	M60	5000m	B Final
12:00	M60	5000m	A Final
12:40	M55	5000m	B Final
13:20	M55	5000m	A Final
16:00	M50	5000m	B Final
16:40	M50	5000m	A Final
17:20	M45	5000m	B Final
18:00	M45	5000m	A Final
18:40	M40	5000m	F
19:20	M35	5000m	F

<b>2.7 Tampere Exhibition and Sports Center (TESC)</b>		
11:00	M55	Weight Throw
11:00	M80+	Weight Throw
12:30	M50	Weight Throw
12:30	M75	Weight Throw
14:00	M45	Weight Throw
14:00	M70	Weight Throw
15:30	M40	Weight Throw
15:30	M65	Weight Throw
17:00	M35	Weight Throw
17:00	M60	Weight Throw

**Sunday 3 July**

<b>3.7 Tampereen Stadion (Ratina)</b>			
Track			
11:00	M85	200m	S
11:10	M80	200m	S
11:20	M75	200m	S
11:35	W75	200m	S
11:40	M70	200m	S
11:55	W70	200m	S
12:00	M65	200m	S
12:15	W65	200m	S
12:30	M60	200m	S
12:45	W60	200m	S
13:00	M55	200m	S
13:15	W55	200m	S
13:30	M50	200m	S
13:45	W50	200m	S
14:00	M45	200m	S
14:15	W45	200m	S
14:30	M40	200m	S
14:45	W40	200m	S
15:00	M35	200m	S
15:15	W35	200m	S
16:08	M90+	200m	Final
16:16	W80+	200m	Final
16:24	M85	200m	Final
16:32	M80	200m	Final
16:40	W75	200m	Final
16:45	M75	200m	Final
16:50	W70	200m	Final
16:55	M70	200m	Final
17:00	W65	200m	Final
17:05	M65	200m	Final
17:10	W60	200m	Final
17:15	M60	200m	Final
17:20	W55	200m	Final
17:25	M55	200m	Final
17:30	W50	200m	Final
17:35	M50	200m	Final
17:40	W45	200m	Final
17:45	M45	200m	Final
17:50	W40	200m	Final
17:55	M40	200m	Final
18:00	W35	200m	Final
18:05	M35	200m	Final

<b>3.7 Tampereen Stadion (Ratina)</b>			
Field			
9:30	W80+	Javelin	F
9:30	W65	Javelin	F
11:00	W70	Javelin	F
11:00	W75	Javelin	F
11:20	M35	High Jump	F
11:20	M40	High Jump	F
13:00	W35-W45	Pole Vault	F
13:00	W60	Javelin	F
13:00	W50-W55-W60	Pole Vault	F
13:40	M50	High Jump	F
13:40	M45	High Jump	F
15:00	M35	Discus	F
16:00	M55	High Jump	F
16:00	W65+	Pole Vault	F
17:00	M40	Discus	F
19:00	M45	Discus	F

<b>3.7 Hervanta</b>			
Track			
10:00	W70 +	5000m	F
10:50	W60-W65	5000m	F
11:25	W55	5000m	F
12:00	W50	5000m	F
12:40	W45	5000m	F
13:15	W40	5000m	F
14:50	W35	5000m	F
15:30	M80+	5000m	F
16:10	M75	5000m	F
16:50	M70	5000m	B Final
17:30	M70	5000m	A Final
Field			
10:00	W35	Javelin	
11:30	W40	Javelin	
13:30	W45	Javelin	
15:00	W50	Javelin	
16:45	W55	Javelin	

<b>3.7 Tampere Exhibition and Sports Center (TESC)</b>			
<b>10km Road Race Walk</b>			
10:45	M60+	<b>10km Road Race Walk</b>	
12:30	W60+		
15:10	W35-W55		
16:45	M35-M55		

<b>Monday 4 July GENERAL ASSEMBLY, NO COMPETITIONS</b>
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**Tuesday 5 July**

<b>5.7 Tampereen Stadion (Ratina)</b>			
<b>Track</b>			
10:00	M35	400m Hurdles	Final
10:05	M40	400m Hurdles	Final
10:10	M45	400m Hurdles	Final
10:20	M50	400m Hurdles	Final
10:25	M55	400m Hurdles	Final
10:35	W35	400m Hurdles	Final
10:40	W40	400m Hurdles	Final
10:45	W45	400m Hurdles	Final
10:55	M60	300m Hurdles	Final
11:00	M65	300m Hurdles	Final
11:05	W50	300m Hurdles	Final
11:10	W55	300m Hurdles	Final
11:20	M70	300m Hurdles	Final
11:25	M75	300m Hurdles	Final
11:30	W60	300m Hurdles	Final
11:35	W65	300m Hurdles	Final
11:45	W70	200m Hurdles	Final
11:50	W75	200m Hurdles	Final
11:55	M80	200m Hurdles	Final
12:00	W80+	200m Hurdles	Final
12:05	M85+	200m Hurdles	Final
12:30	M70	1500m	S
12:50	M65	1500m	S
13:10	M60	1500m	S
13:25	M55	1500m	S
13:55	M50	1500m	S
14:15	M45	1500m	S
14:55	M40	1500m	S
15:15	M35	1500m	S
15:30	W50	1500m	S
16:00	M70	400m	Q
16:20	M65	400m	Q
16:40	M60	400m	Q
17:00	M55	400m	Q
17:20	M50	400m	Q
17:40	M45	400m	Q
17:50	W45	400m	Q
18:10	M40	400m	Q
18:30	M35	400m	Q

<b>5.7 Tampereen Stadion (Ratina)</b>			
<b>Field</b>			
10:00	W55	Long Jump	F
10:00	W50	Long Jump	F
10:00	W80+	Discus	F
10:00	W65	Discus	F
10:00	M50	Pole Vault	F
10:00	M55	Pole Vault	F
11:30	M80+	High Jump	F
11:30	M75	High Jump	F
11:30	W75	Discus	F
11:30	W70	Discus	F
12:00	W45	Long Jump	F
12:00	W40	Long Jump	F
13:00	M45	Pole Vault	F
13:00	M40	Pole Vault	F
13:00	W60	Discus	F
13:30	M70	High Jump	F
13:40	M65	High Jump	F
14:00	W70	Long Jump	F
14:00	W75+	Long Jump	F
16:00	M60	High Jump	F
16:00	W65	Long Jump	F
16:00	W60	Long Jump	F
15:00	M45	Javelin	F
18:00	W35	Long Jump	F
16:00	M35	Pole Vault	F
17:00	M40	Javelin	F
18:30	M35	Javelin	F

<b>5.7 Tampere Exhibition and Sports Center (TESC)</b>		
10:00	W55	Discus
11:30	W50	Discus
13:00	W45	Discus
14:30	W40	Discus
16:00	W35	Discus

**Wednesday 6 July**

<b>6.7 Wednesday Tampereen Stadion (Ratina)</b>			
Track			
11:00	M50	Hurdles 100m	Q
11:50	M80	400m	S
12:10	W75	400m	S
12:20	M75	400m	S
12:40	W70	400m	S
12:50	M70	400m	S
13:00	W65	400m	S
13:15	M65	400m	S
13:30	W60	400m	S
13:50	M60	400m	S
14:10	W55	400m	S
14:30	M55	400m	S
14:50	W50	400m	S
15:15	M50	400m	S
15:35	W45	400m	S
15:50	M45	400m	S
16:10	W40	400m	S
16:30	M40	400m	S
16:50	W35	400m	S
17:05	M35	400m	S
<b>Field</b>			
10:00	M75	Pole Vault	F
10:00	M80+	Pole Vault	F
11:00	M55	Long Jump	Flight 1
11:00	M55	Long Jump	Flight 2
11:00	W60	High Jump	F
13:00	M50 B	Long Jump	Flight 1
13:00	M50 A	Long Jump	Flight 2
13:00	M70	Pole Vault	F
13:00	M65	Pole Vault	F
13:00	W50	High Jump	F
13:00	W35	High Jump	F
13:30	M50	Discus	F
15:00	M45 B	Long Jump	Flight 1
15:00	M45 A	Long Jump	Flight 2
15:00	W55	High Jump	F
15:30	M55	Discus	F
16:00	W40-W45	High Jump	F
16:00	M60	Pole Vault	F
17:00	M40	Long Jump	F
17:00	M35	Long Jump	F

<b>6.7 20km Road Race Walk - TESC</b>		
<b>Tampere Exhibition and Sports Center</b>		
10:00	W35+	<b>20km Road Race Walk</b>
13:00	M35-M60	
16:00	M65+	

<b>6.7 Tampere Exhibition and Sports Center (TESC)</b>			
10:00	W35	Throws Pentathlon	
10:00	W50	Throws Pentathlon	
10:00	W60	Throws Pentathlon	
12:50	W40	Throws Pentathlon	
12:50	W55	Throws Pentathlon	
14:10	W45	Throws Pentathlon	

**Thursday 7 July**  
**Meetings in the morning**

<b>7.7 Tampereen Stadion (Ratina)</b>			
<b>Track</b>			
14:00	M85+	1500m	Final
14:15	M80	1500m	Final
14:30	M75	1500m	Final
14:45	W75+	1500m	Final
15:00	M70	1500m	Final
15:15	W70	1500m	Final
15:30	M65	1500m	Final
15:45	W65	1500m	Final
16:00	M60	1500m	Final
16:15	W60	1500m	Final
16:30	M55	1500m	Final
16:45	W55	1500m	Final
17:00	M50	1500m	Final
17:15	W50	1500m	Final
17:30	M45	1500m	Final
17:45	W45	1500m	Final
18:00	M40	1500m	Final
18:15	W40	1500m	Final
18:30	M35	1500m	Final
18:45	W35	1500m	Final
<b>Field</b>			
13:00	M55	Javelin	F
13:00	W65-W70	High Jump	F
14:00	M80+	Triple Jump	F
15:00	M70	Discus	F
15:30	M75	Triple Jump	F
16:00	M50	Javelin	F
16:00	W75+	High Jump	F
17:00	M65	Discus	F
17:30	M70	Triple Jump	F

<b>7.7 Tampere Exhibition and Sports Center (TESC)</b>			
11:00	M35	Throws Pentathlon	
11:00	M40	Throws Pentathlon	
12:30	M45	Throws Pentathlon	
17:00	M60	Discus	Flight 1
17:00	M60	Discus	Flight 2



Friday 8 July

8.7 Tampereen Stadion (Ratina)			
Track			
10:00	M35	110m Hurdles	S
10:10	M40	110m Hurdles	S
10:20	M45	110m Hurdles	S
10:40	M50	100m Hurdles	S
10:50	M55	100m Hurdles	S
11:05	M60	100m Hurdles	S
11:15	M65	100m Hurdles	S
11:40	W40	80m Hurdles	S
11:50	W45	80m Hurdles	S
12:05	W50	80m Hurdles	S
12:15	W55	80m Hurdles	S
12:30	M70	80m Hurdles	S
12:40	M75	80m Hurdles	S
12:50	W60	80m Hurdles	S
12:55	W65	80m Hurdles	S
13:00	M80	80m Hurdles	S
13:50	M90+	400m	Final
14:00	M85	400m	Final
14:10	M80	400m	Final
14:20	W80+	400m	Final
14:30	M75	400m	Final
14:38	W75	400m	Final
14:46	M70	400m	Final
14:54	W70	400m	Final
15:02	M65	400m	Final
15:10	W65	400m	Final
15:18	M60	400m	Final
15:26	W60	400m	Final
15:34	M55	400m	Final
15:42	W55	400m	Final
15:50	M50	400m	Final
15:58	W50	400m	Final
16:06	M45	400m	Final
16:14	W45	400m	Final
16:22	M40	400m	Final
16:30	W40	400m	Final
16:38	M35	400m	Final
16:46	W35	400m	Final
17:10	M75+	Steeplechase	F
17:30	M70	Steeplechase	F
17:50	M65	Steeplechase	F
18:10	M60	Steeplechase	B Final
18:30	M60	Steeplechase	A Final
18:50	W70+	Steeplechase	F
19:10	W55-W65	Steeplechase	F
19:30	W45-W50	Steeplechase	F
19:50	W35-W40	Steeplechase	F

8.7 Tampereen Stadion (Ratina)			
Field			
10:00	M80	Discus	F
11:00	M85+	Discus	F
12:00	M75	Discus	F
13:30	M70	Javelin	F
14:00	M35	Triple Jump	F
14:00	W35	Triple Jump	F
15:30	M40	Triple Jump	F
15:30	W40	Triple Jump	F
15:30	M65	Javelin	F
17:00	M45	Triple Jump	F
17:00	W45	Triple Jump	F
17:30	M60	Javelin	F

**8.7 Tampere Exhibition and Sports Center (TESC)**

10km Road Run		
16:30	M35-M65	10km Road Race
17:00	W35+ M70+	10km Road Race

**8.7 Tampere Exhibition and Sports Center (TESC)**

10:00	M50	Throws Pentathlon
10:00	W65	Throws Pentathlon
11:30	W75	Throws Pentathlon
13:00	W70	Throws Pentathlon
13:00	W80+	Throws Pentathlon
13:00	M55	Throws Pentathlon

**Saturday 9 July**

<b>9.7 Tampereen Stadion (Ratina)</b>			
<b>Track</b>			
10:00	M35	110m Hurdles	Final
10:06	M40	110m Hurdles	Final
10:12	M45	110m Hurdles	Final
10:24	M50	100m Hurdles	Final
10:30	M55	100m Hurdles	Final
10:42	W35	100m Hurdles	Final
10:52	M60	100m Hurdles	Final
11:00	M65	100m Hurdles	Final
11:15	W40	80m Hurdles	Final
11:21	W45	80m Hurdles	Final
11:32	W50	80m Hurdles	Final
11:38	W55	80m Hurdles	Final
11:44	M70	80m Hurdles	Final
11:50	M75	80m Hurdles	Final
12:05	W60	80m Hurdles	Final
12:11	W65	80m Hurdles	Final
12:17	W70	80m Hurdles	Final
12:23	W75+	80m Hurdles	Final
12:29	M80	80m Hurdles	Final
12:35	M85+	80m Hurdles	Final
13:00	M55	Steeplechase	F
13:20	M50	Steeplechase	F
13:40	M45	Steeplechase	F
14:00	M40	Steeplechase	F
14:20	M35	Steeplechase	F
15:00	M80+	4x100m	F
	W80+	4x100m	F
	M75	4x100m	F
	W75	4x100m	F
	M70	4x100m	F
	W70	4x100m	F
	M65	4x100m	F
	W65	4x100m	F
	M60	4x100m	F
	W60	4x100m	F
	M55	4x100m	F
	W55	4x100m	F
	M50	4x100m	F
	W50	4x100m	F
	M45	4x100m	F
	W45	4x100m	F
	M40	4x100m	F
	W40	4x100m	F
	M35	4x100m	F
	W35	4x100m	F

<b>9.7 Tampereen Stadion (Ratina)</b>			
<b>Field</b>			
12:00	W70	Triple Jump	F
12:00	W75+	Triple Jump	F
12:00	M85+	Javelin	F
12:00	M80	Javelin	F
13:30	W60	Triple Jump	F
13:30	W65	Triple Jump	F
14:00	M75	Javelin	F
15:00	W50	Triple Jump	F
15:00	W55	Triple Jump	F
16:30	M55	Triple Jump	F
16:30	M50	Triple Jump	F

<b>9.7 Tampere Exhibition and Sports Center (TESC)</b>		
10:30	M60	Throws Pentathlon
10:30	M70	Throws Pentathlon
12:00	M65	Throws Pentathlon

**Sunday 10 July**

<b>10.7 Tampereen Stadion (Ratina)</b>			
<b>Track</b>			
10:00	M80+	4x400m	F
	M75	4x400m	F
	M70	4x400m	F
	W65+	4x400m	F
	M65	4x400m	F
	W60	4x400m	F
	M60	4x400m	F
	W55	4x400m	F
	M55	4x400m	F
	W50	4x400m	F
	M50	4x400m	F
	W45	4x400m	F
	M45	4x400m	F
	W40	4x400m	F
	M40	4x400m	F
	W35	4x400m	F
	M35	4x400m	F
<b>Field</b>			
11:00	M65	Triple Jump	F
11:00	M60	Triple Jump	F

<b>10.7 Tampere Exhibition and Sports Center (TESC)</b>		
<b>Half Marathon</b>		
10:00	W35+/M35+	Half Marathon

<b>10.7 Tampere Exhibition and Sports Center (TESC)</b>		
09:00	M75	Throws Pentathlon
09:00	M80+	Throws Pentathlon