

## **BALTIC U18 & U20 INDOOR TEAM CHAMPIONSHIPS**

**04.-05.03.2022., VALMIERA (LATVIA)**

### STARTING HIGHTS:

High Jump (WU18 & WU20): 1.51-1.56-1.61-1.66-1.71-1.74-1.77-1.79-1.81...

High Jump (MU18 & MU20): 1.71-1.76-1.81-1.86-1.91-1.95-1.98-2.01-2.03...

Pole Vault (WU18 & WU20): 2.00-2.30-2.60-2.80-3.00-3.20-3.35-3.45-3.55-3.60...

Pole Vault (MU18 & MU20): 3.30-3.60-3.80-4.00-4.15-4.30-4.40-4.50-4.55...

### LANES FOR TRIPLE JUMP:

WU18 & WU20: 10m and 11m distance to the pit.

MU18 & MU20: 12m and 13m distance to the pit.

### PERSONAL IMPLEMENTS:

Personal implements for the competition must be handed over at least 1 hour before event in the secretary.

### VICTORY CEREMONY:

Victory ceremonies will be held according to the Award Ceremony timetable.

The use of medical mask or FFP2-FFP3 respirator is mandatory!