

LATVIJAS ČEMPIONĀTS
LATVIJAS U23 ČEMPIONĀTS
1.DIENA - 27.07.2019.

| | | PULCĒŠANĀS | | IERAŠANĀS STARTA VIETĀ | PREZENTĀCIJA | SACENSĪBU SĀKUMS | APBALVOŠANA |
|------------------------|--------|------------|-------|------------------------------|--------------|---------------------|------------------------|
| | | NO | LĪDZ | | | | |
| 10000M SOĻOŠANA | S un V | 14:07 | 14:17 | 14:20 | 14:29 | 14:30 | 16:50 |
| 110M/B F | V | 15:43 | 15:53 | 15:55 | 16:04 | 16:05 | 16:50 |
| ŠĶĒPA MEŠANA | S | 15:35 | 15:45 | 15:50 | 16:07 | 16:10 | 18:25 |
| 100M/B F | S | 15:53 | 16:03 | 16:05 | 16:14 | 16:15 | 16:50 |
| TRĪSSOĻĻĒKŠANA | S | 15:45 | 15:55 | 16:00 | 16:17 | 16:20 | 18:25 |
| LODES GRŪŠANA | V | 15:50 | 16:00 | 16:05 | 16:21 | 16:25 | 18:25 |
| 100M Q | S | 16:08 | 16:18 | 16:20 | - | 16:30 | - |
| 100M Q | V | 16:18 | 16:28 | 16:30 | - | 16:40 | - |
| 400M | S | 16:42 | 16:52 | 16:50 | 16:58 | 17:00 | 18:10 |
| 400M | V | 17:52 | 17:02 | 17:05 | 17:13 | 17:15 | 18:10 |
| LODES GRŪŠANA | S | 16:57 | 17:07 | 17:10 | 17:27 | 17:30 | 18:25 |
| 1500M | S | 17:05 | 17:15 | 17:20 | 17:28 | 17:30 | 18:10 |
| TRĪSSOĻĻĒKŠANA | V | 17:05 | 17:15 | 17:20 | 17:36 | 17:40 | 18:55 |
| 1500M | V | 17:15 | 17:25 | 17:30 | 17:38 | 17:40 | 18:10 |
| ŠĶĒPA MEŠANA | V | 17:25 | 17:35 | 17:40 | 17:55 | 18:00 | 18:55 |
| 100M F | S | 17:38 | 17:48 | 17:50 | 17:59 | 18:00 | 18:40 |
| 100M F | V | 17:43 | 17:53 | 17:55 | 18:04 | 18:05 | 18:40 |
| 5000M | S un V | 17:55 | 18:05 | 18:10 | 18:18 | 18:20 | 19:10 |
| 4X100M | S | 18:25 | 18:35 | 18:40 | 18:49 | 18:50 | 28.07. PLKST. 11:50 |
| 4X100M | V | 18:40 | 18:50 | 18:55 | 19:04 | 19:05 | 28.07. PLKST. 11:50 |

LATVIJAS ČEMPIONĀTS
LATVIJAS U23 ČEMPIONĀTS
2.DIENA - 28.07.2019.

| | | PULCĒŠANĀS | | IERAŠANĀS STARTA VIETĀ | PREZENTĀCIJA | SACENSĪBU SĀKUMS | APBALVOŠANA |
|-----------------------|--------|------------|-------|------------------------------|--------------|---------------------|-------------|
| | | NO | LĪDZ | | | | |
| KĀRTSLĒKŠANA | S un V | 10:05 | 10:15 | 10:20 | 10:52 | 11:00 | 13:35 |
| 10000M | S un V | 10:37 | 10:47 | 10:50 | 10:57 | 11:00 | 12:20 |
| VESERA MEŠANA* | S un V | 10:28 | 10:38 | 10:40 | - | 11:00 | 14:10 |
| 400M/B | V | 11:42 | 11:52 | 11:55 | 12:04 | 12:05 | 13:05 |
| TĀLLĒKŠANA | S | 11:40 | 11:50 | 11:55 | 12:10 | 12:15 | 13:35 |
| 400M/B | S | 11:52 | 12:02 | 12:05 | 12:14 | 12:15 | 13:05 |
| DISKA MEŠANA | S | 11:55 | 12:05 | 12:10 | 12:25 | 12:30 | 13:35 |
| 200M Q | S | 12:10 | 12:20 | 12:25 | - | 12:35 | - |
| 200M Q | V | 12:25 | 12:35 | 12:40 | - | 12:50 | - |
| 3000M | S | 12:47 | 12:57 | 13:00 | 13:08 | 13:10 | 14:10 |
| 3000M | V | 13:02 | 13:12 | 13:15 | 13:23 | 13:25 | 14:10 |
| AUGSTLĒKŠANA | V | 12:55 | 13:05 | 13:10 | 13:27 | 13:30 | 15:05 |
| TĀLLĒKŠANA | V | 13:05 | 13:15 | 13:20 | 13:36 | 13:40 | 15:05 |
| 800M | S | 13:22 | 13:32 | 13:35 | 13:43 | 13:45 | 14:30 |
| 800M | V | 13:32 | 13:42 | 13:45 | 13:53 | 13:55 | 14:30 |
| DISKA MEŠANA | V | 13:25 | 13:35 | 13:40 | 13:58 | 14:00 | 15:05 |
| 200M F | S | 13:57 | 14:07 | 14:10 | 14:19 | 14:20 | 15:05 |
| 200M F | V | 14:02 | 14:12 | 14:15 | 14:24 | 14:25 | 15:05 |
| AUGSTLĒKŠANA | S | 13:57 | 14:07 | 14:10 | 14:28 | 14:30 | 15:40 |
| 3000M/KAV | V | 14:17 | 14:27 | 14:30 | 14:38 | 14:40 | 15:40 |
| 3000M/KAV | S | 14:32 | 14:42 | 14:45 | 14:53 | 14:55 | 15:40 |
| 4x400M | V | 14:57 | 15:07 | 15:10 | 15:18 | 15:20 | 15:50 |
| 4x400M | S | 15:07 | 15:17 | 15:20 | 15:28 | 15:30 | 15:50 |

*Vesera mešanas sacensības notiek Kokneses Sporta centra stadionā. Apbalvošana Ogres Sporta centra stadionā plkst. 14:10.