

**BALTIC STATES TEAM – COUNTRY PRESIDENT AWARD'S
COMPETITION IN ATHLETICS**

Venue and time: Valmiera, J.Dalina stadium on 10. – 11.06.2016

On 10.06.2016

- Technical meeting in J.Dalina stadium at 3 p.m.
- Start of competition at 5 p.m.
- Opening ceremony at 8 p.m.

On 11.06.2016

- Start of competition at 9:45 a.m.

Organiser:

Competition organises Olympic Centre of Vidzeme in collaboration with Latvian Athletics association and Chancery of the President. Competition manages by Latvian Athletics Association approved judges board. Competitions are organized based on IAAF Rules.

Participants: Latvian, Estonian, Lithuanian National teams

1. In age **not younger** of 16 years (2000. and older)
2. In age **not younger** of 16 years (2000. and older) **and not older U23 (1994.)**

Implements: in Throwing disciplines the control (weighing and measuring) of personal Inventory will be not later than 1 hour before competition in the place of competition.

Events by dates	<u>08 of June</u>	<u>09 of June</u>
	Hammer Throw Women	5000 m Walking Women
	400 m/H Men	10 000 m Walking Men
	Shot Put Men	Hammer Throw Men
	Long Jump Men	Shot Put Women
	Pole Vault Women	110 m/H Men
	100 m Women	Long Jump Women
	400 m Men	Pole Vault Men
	Javelin Throw Women	200 m Women
	800 m Women	800 m Men
	High Jump Men	High Jump Women
	100 m Men	Discus Throw Men
	400 m/H Women	100 m/H Women
	Triple Jump Women	1500 m Women
	1500 m Men	Triple Jump Men
	3000 m SC Women	200 m Men
	Javelin Throw Women	Discus Throw Women
	400 m Women	5000 m Women
	5000 m Men	3000 m SC Men
	4 x 100 m Women	4 x 400 m Women
	4 x 100 m Men	4 x 400 m Men

Each athlete may start in 2 events and in 1 relay race or in 2 relay races and in 1 individual event.

Each team get points for only one participant in event

The scale of Scoring

Each participant of the team wins the points for their team: 1st place – 9 points, 2nd place - 7 points, 3rd place – 6 points...8th place – 1 point.

Relay race: 1st place – 8 points, 2nd place – 6 points, 3rd place – 4, 4th – 2 points.
Wins the team with the highest amount of points.

In the case of the same points, the highest place take team, which has more 1st places, than 2nd or 3rd.

Victory Ceremonies:

In the competitions there will be 5 awards of President of Republic of Latvia:

3 (three) awards in team ranking (1st-3rd place)

2 (two) awards in individual ranking.

In individual ranking best result /man and Woman/ will be determined by IAAF point tables.

The winners of competition /1st till 3rd place/ will be presented with a prizes, diplome and prize money:

1st place in Individual event	50 €
1st places in Relay Race	25 €

1st place in Individual event with result of A standard	1000 €
1st place in Relay Race with result of A standard	250 €
2nd place in Individual event with result of A standard	750 €
2nd place in Relay Race with result of A standard	200 €
3rd place in Individual event with result of A standard	500 €
3rd place in Relay Race with result of OG A standard	150 €

1st place in Individual event with result of B standard	700 €
2nd place in Individual event with result of B standard	500 €
3rd place in Individual event with result of B standard	300 €

Best result (man and woman)	1500 €
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Entries:

Preliminary entry must be sent to e-mail: gatis@lat-athletics.lv till 05.06.2016.

Final Entry must be sent to e-mail: gatis@lat-athletics.lv till 10.06.2016.

Last changes can be made on 09.06.2016 till 3:30 p.m.

SIGNATURES:

LATVIA

LITHUANIA

ESTONIA

Standards for Prize money

Men		Events	Women	
A Standard	B Standard		A Standard	B Standard
10.18	10.24	100 m	11.29	11.38
20.55	20.65	200 m	23.10	23.30
45.25	45.70	400 m	51.50	52.30
1:45.60	1:46.30	800 m	1:59.90	2:01.30
3:35.60	3:38.00	1500 m	4:06.00	4:08.90
13:20.00	13:27.00	5000 m	15:15.00	15:25.00
8:23.10	8:32.00	3000 m SC	9:43:00	9:48.00
13.52	13.60	110 m/H / 100 m/H	12.96	13.15
49.50	49.80	400 m/H	55.40	56.55
2.31	2.28	High Jump	1.95	1.92
5.72	5.60	Pole Vault	4.50	4.40
8.20	8.10	Long Jump	6.75	6.65
17.20	16.85	Triple Jump	14.30	14.10
20.50	20.00	Shot Put	18.35	17.30
65.00	63.00	Discus Throw	62.00	59.50
78.00	74.00	Hammer Throw	71.50	69.00
82.00	79.50	Javelin Throw	61.50	59.00

SIGNATURES:



LATVIA




LITHUANIA



ESTONIA