

SELL Student Games

Hervanta Athletics Stadium, Lindforsinkatu 18, 33720 Tampere
Friday 13th May 2016

UPDATED 5th MAY - Competition Delayed by 1 Hour!
Follow the website for the last minute changes.

Time		Event		Confirmation of participation
15:00	W	400m	2 heats	in writing at the latest 13:30 (Competition Office)
	M	Long Jump		at the latest 14:45 at the long jumping place
	W&M	Shot Put		at the latest 14:45 at the shot putting place
15:10	M	400m	3 heats	in writing at the latest 13:40 (Competition Office)
15:15	W	High Jump		at the latest 15:00 at the high jumping place
15:30	W	100m	Preliminary round (3 heats)	confirmation not needed
15:40	M	100m	Preliminary round (3 heats)	confirmation not needed
16:00	W	1500m		in writing at the latest 14:30 (Competition Office)
16:10	M	1500m		in writing at the latest 14:40 (Competition Office)
16:15	W&M	Javelin Throw		at the latest 16:00 at the javelin throwing place
16:25	W	Long Jump		at the latest 16:10 at the long jumping place
16:30	W	100m	Final	confirmation not needed
	M	High Jump		at the latest 16:15 at the high jumping place
16:35	M	100m	Final	confirmation not needed
16:55	W	100m Hurdles	1 heat	confirmation not needed
17:15	M	110m Hurdles	1 heat	confirmation not needed

High Jump Bar Lifting

Women 150-155-160-165-170-175-180-183-186 + 3cm

Men 170-175-180-185-190-195-200-203-206 + 3cm

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Saturday 14th May 2016

UPDATED 5th May

Time		Event		Confirmation of participation
12:00	W&M	Hammer Throw	TESC	at the latest 11:45 at the hammer throwing place
16:00	M	5000m		in writing at the latest 14:30 (Competition Office)
	W	Triple Jump		at the latest 15:45 at the triple jumping place
16:20	W	200m	Preliminary round (4 heats)	confirmation not needed
16:35	M	200m	Preliminary round (4 heats)	confirmation not needed
16:45	W&M	Discus Throw		at the latest 16:30 at the discus throwing place
16:50	W	5000m		in writing at the latest 15:20 (Competition Office)
17:15	M	Triple Jump		at the latest 17:00 at the triple jumping place
17:25	W	200m	Final	confirmation not needed
17:30	M	200m	Final	confirmation not needed
17:35	W	800m	2 heats	in writing at the latest 16:05 (Competition Office)
17:45	M	800m	2 heats	in writing at the latest 16:15 (Competition Office)
18:00	W	4x100m	1 heat	in writing at the latest 16:30 (Competition Office)
18:05	M	4x100m	1 heat	in writing at the latest 16:35 (Competition Office)