BALTIC TEAM CHAMPIONSHIPS 2026
01.08.2026.

BTA Daugava stadium (Augsiela 1, Riga)

TIMETABLE

12:45	Opening Ceremony	
13:00	110 mH	M
13:10	Hammer Throw*	W, M
13:15	100 mH	W
13:20	Pole Vault	W
13:25	100 m	M
13:35	100 m	W
13:45	1500 m	M
13:55	1500 m	W
14:05	Long Jump	W, M
14:10	400 m	M
14:15	High Jump	M
14:20	400 m	W
14:25	Discus Throw	W, M
14:30	5000 m RW	W, M
15:15	400 mH	M
15:25	400 mH	W
15:30	Shot Put*	W, M
15:35	Pole Vault	M
15:40	3000 m SC	M
15:50	Triple Jump	M
15:55	3000 m SC	W
16:15	Javelin Throw	W, M
16:20	200 m	M
16:25	High Jump	W
16:30	200 m	W
16:40	800 m	M
16:45	Triple Jump	W
16:50	800 m	W
17:00	3000 m	M
17:15	3000 m	W
17:35	4 x 100 m mixed	W, M
17:45	4 x 400 m mixed	W, M
18:00	Victory ceremony	

* At warm-up stadium.