

**BALTIC U16, U18 & U20 COMBINED EVENTS
TEAM CHAMPIONSHIPS
30.-31.05.2026., Valmiera**

TIMETABLE

Day 1		Day 2	
12:45 Opening Ceremony		10:00 110 mH	B U16
13:00 100 m	B U16	10:45 Discus Throw	B U16
13:20 100 mH	G U16	10:55 110 mH	M U18
13:40 100 mH	W U18	11:10 Long Jump	G U16
13:45 Long Jump	B U16	11:45 Discus Throw	M U18
14:00 100 m	M U18	11:50 110 mH	M U20
14:05 High Jump (site 1)	G U16	12:00 Pole Vault (site 1,2)	B U16
14:25 High Jump (site 2)	W U18	12:10 Long Jump	W U18
14:45 Long Jump	M U18	12:35 Discus Throw	M U20
15:00 Shot Put (site 1)	B U16	13:10 Long Jump	W U20
15:20 100 mH	W U20	13:20 Javelin Throw	G U16
15:30 100 m	M U20	14:00 Pole Vault (site 1,2)	M U18, M U20
15:40 Shot Put (site 2)	G U16	14:10 Javelin Throw	W U18
16:00 Shot Put (site 1)	W U18	14:40 800 m	G U16
16:05 High Jump (site 1)	W U20	15:00 Javelin Throw	W U20
16:10 High Jump (site 2)	B U16	15:50 Javelin Throw	B U16
16:15 Long Jump	M U20	16:10 800 m	W U18
16:30 Shot Put (site 2)	M U18	16:30 1500 m	B U16
17:30 200 m	G U16	16:40 Javelin Throw	M U18
17:45 Shot Put (site 1)	M U20	17:00 800 m	W U20
17:50 200 m	W U18	17:25 Javelin Throw	M U20
18:00 Shot Put (site 2)	W U20	18:45 1500 m	M U18
18:10 400 m	B U16	19:00 1500 m	M U20
18:15 High Jump (site 1)	M U18	19:15 Award Ceremony	
19:00 High Jump (site 2)	M U20		
19:30 200 m	W U20		
20:00 400 m	M U18		
20:20 400 m	M U20		