

BALTIC U18 TEAM CHAMPIONSHIPS 2025

15.07.2025.

Jāņa Daliņa stadium, Valmiera

TIMETABLE

12:45	Opening Ceremony	
13:00	110 mH	M
	Pole Vault	M
13:05	Hammer Throw	W, M
13:15	100 mH	W
13:25	100 m	W
13:30	100 m	M
13:40	High Jump	W
13:45	1500 m	W
13:55	1500 m	M
14:00	Long Jump	W, M
14:10	400 m	W
14:15	400 m	M
14:25	5000 m RW	W, M
14:40	Discus Throw	W, M
15:15	400 mH	W
15:25	400 mH	M
15:30	Pole Vault	W
15:35	High Jump	M
15:40	2000 m SC	W
15:45	Triple Jump	W
15:55	2000 m SC	M
16:10	Shot Put	W, M
16:15	Javelin Throw	W, M
16:20	200 m	W
16:25	200 m	M
16:35	800 m	W
16:40	Triple Jump	M
16:43	800 m	M
16:55	3000 m	W
17:10	3000 m	M
17:35	4 x 100 m	W
17:45	4 x 100 m	M
17:55	4 x 400 m mixed	W, M
18:10	Victory ceremony	

Competition director: Zigurds Kincis

Main judge: Megija Stalberga

