



BALTIC STATES U-20 TEAM CHAMPIONSHIP

2025 07 23 Vilnius

Timetable

12:45 Opening ceremony

Women		Men	
13:00	100 m Hurdles	13:15	110 m Hurdles
13:05	Hammer Throw	13:05	Hammer Throw
13:10	Shot Put	13:10	Shot Put
13:15	Pole Vault	13:15	Pole Vault
13:20	Triple jump	13:20	Triple jump
13:30	100 m	13:40	100 m
13:50	800 m	14:00	800 m
14:10	1500 m	14:20	1500 m
14:30	400 m	14:40	400m
15:00	3000 m Steeplechase	15:20	3000 m Steeplechase
15:20	Long Jump	15:20	Long Jump
15:25	Discus Throw	15:25	Discus Throw
15:45	400 m Hurdles	15:55	400 m Hurdles
16:05	3000 m	16:20	3000 m
16:30	High Jump	16:30	High Jump
16:45	200 m	16:55	200 m
17:05	5000 m Race Walk	17:05	5000 m Race Walk
17:20	Javelin Throw	17:20	Javelin Throw
17:50	4x100 m	18:00	4x100 m
18:15	4x400 m Mixed		
18:30	Victory Ceremony		

Competition Director: **Andrejs Tolstiks**