

COMPETITION TIMETABLE

VALMIERA-VALGA

03.01.2025.

11:40	Coaches meeting / conference hall in the 3rd floor /				
12:00	OPENING CEREMONY				
12:15	60 mH	U18 W	12:20	Long Jump	U18 M
12:27	60 mH final	U20 W	13:50	Long Jump	U18 W
12:40	60 mH	U18 M	15:40	Long Jump	U20 M
12:53	60 mH	U20 M	17:00	Long Jump	U20 W
13:05	60 m	U18 W			
13:27	60 m	U20 W			
13:42	60 m	U18 M	14:00	High Jump	U18 W +U20 W
14:00	60 m	U20 M		1.35 - 1.40 - 1.45 - 1.50 - 1.55 - 1.58 - 1.61 - 1.64 - 1.67 - 1.69 ...	
14:15	AWARDING		15:40	High Jump	U18 M
14:25	60 mH final	U18 W		1.50 - 1.55 - 1.60 - 1.65 - 1.70 - 1.73 - 1.76 - 1.79 - 1.82 - 1.84 ...	
14:35	60 mH final	U18 M	17:20	High Jump	U20 M
14:45	60 mH final	U20 M		1.55 - 1.60 - 1.65 - 1.70 - 1.75 - 1.78 - 1.81...	
14:55	60 m final	U18 W			
15:00	60 m final	U20 W			
15:05	60 m final	U18 M	12:30	Shot Put	U18 W
15:10	60 m final	U20 M	14:00	Shot Put	U20 W
15:20	1500 m	U18 W	15:00	Shot Put	U18 M
15:35	1500 m	U20 W	16:30	Shot Put	U20 M
15:45	1500 m	U18 M			
16:00	1500 m	U20 M			
16:10	AWARDING				
16:20	600 m	U18 W			
16:32	600 m	U20 W			
16:38	600 m	U18 M			
16:50	600 m	U20 M			
17:00	200 m	U18 W			
17:40	200 m	U20 W			
18:10	200 m	U18 M			
18:45	200 m	U20 M			
19:15	AWARDING				

COMPETITION TIMETABLE

VALMIERA-VALGA

04.01.2025.

12:00 OPENING CEREMONY

12:15	60 mH	U14 W	12:20	Long Jump	U14 M group 1	Sector No. 2
12:35	60 mH	U16 W	13:40	Long Jump	U14 M group 2	Sector No. 2
12:55	60 mH	U14 M	14:50	Long Jump	U14 W group 1	Sector No. 2
13:10	60 mH	U16 M	16:10	Long Jump	U14 W group 2	Sector No. 2
13:25	60 m	U14 W	17:10	Long Jump	U14 W group 3	Sector No. 2
14:00	60 m	U16 W				
14:30	60 m	U14 M	12:20	Long Jump	U16 M group 1	Sector No. 1
14:50	60 m	U16 M	13:20	Long Jump	U16 M group 2	Sector No. 1
15:20	60 mH final	U14 W	14:10	Long Jump	U16 M final	Sector No. 1
15:30	60 mH final	U16 W	15:15	Long Jump	U16 W group 1	Sector No. 1
15:40	60 mH final	U14 M	16:20	Long Jump	U16 W group 2	Sector No. 1
15:50	60 mH final	U16 M	17:20	Long Jump	U16 W final	Sector No. 1
15:55	60 m final	U14 W				
16:00	60 m final	U16 W	12:15	High Jump	U14 W	
16:05	60 m final	U14 M		1.15 - 1.20 - 1.25 - 1.30 - 1.35 - 1.38 - 1.41 ...		
16:10	60 m final	U16 M				
16:15	AWARDING		14:10	High Jump	U14 M	
16:30	800 m	U14 W		1.15 - 1.20 - 1.25 - 1.30 - 1.35 - 1.38 - 1.41 ...		
16:45	800 m	U16 W				
17:05	1000 m	U14 M	15:50	High Jump	U16 W	
17:20	1000 m	U16 M		1.25 - 1.30 - 1.35 - 1.40 - 1.45 - 1.48 - 1.51 ...		
17:30	200 m	U16 W				
18:15	200 m	U16 M	17:30	High Jump	U16 M	
18:50	AWARDING			1.40 - 1.45 - 1.50 - 1.55 - 1.60 - 1.63 - 1.66 ...		
19:05	300 m	U14 W				
19:40	300 m	U14 M				
20:10	AWARDING		12:30	Shot Put	U16 M	
			14:20	Shot Put	U14 M	
			15:40	Shot Put	U16 W group 1	
			16:30	Shot Put	U16 W group 2	
			17:15	Shot Put	U16 W final	
			17:55	Shot Put	U14 W	

Notes:

U14 shot put 4 attempts (2+2)

U14 long jump 4 attempts

Long jump - Sector No. 1 closer to 60 m runways