

COMPETITION TIMETABLE

Ziemassvētku kauss U18, U20 *Ziemassvētku kauss daudzcīņās* **22.12.2024.**

11:00 60 mH	U18, U20 W pentathlon	11:00 Shot put	U18 W
11:10 60 m	U18 W	12:15 Shot put	U20 W
11:30 60 m	U20 W	13:10 Shot put	U18, U20 W pentathlon
11:50 60 mH final	U18 W	14:10 Shot put	U18 M
12:00 60 mH final	U20 W	15:30 Shot put	U20 M
12:15 60 mH	U16 M heptathlon		
12:30 60 mH final	U18 M		
12:40 60 m	U18 M	11:30 Hight jump	U18, U20 W pentathlon
13:00 60 m	U20 M	16:15 Hight jump	U18, U20 W
13:25 60 m final	U18 W	17:15 Hight jump	U18, U20 M
13:30 60 m final	U20 W		
13:35 60 m final	U18 M		
13:40 60 m final	U20 M		
13:55 60 mH final	U20 M		
13:55 60 mH	U18, U20 M heptathlon	12:50 Pole vault	U16 M heptathlon
14:00 Awarding		14:40 Pole vault	U18, U20 M heptathlon
14:15 400 m	U18 W		
14:30 400 m	U20 W		
14:35 400 m	U18 M	11:00 Long jump	U18 M
14:50 400 m	U20 M	12:15 Long jump	U20 M
15:10 1000 m	U16 M heptathlon	13:35 Long jump	U18 W
15:15 Awarding		15:10 Long jump	U18, U20 W pentathlon
15:30 800 m	U18 W	16:10 Long jump	U20 W
15:45 800 m	U18 M		
16:00 800 m	U20 W		
16:05 800 m	U20 M		
16:20 800 m	U18, U20 W pentathlon		
16:30 3000 m walking	U20 S, U20 M		
16:50 1000 m	U18, U20 M heptathlon		
17:00 200 m	U18 W		
17:25 200 m	U20 W		
17:35 200 m	U18 M		
17:55 200 m	U20 M		
18:20 Awarding			

Notes:

Hight jump U18, U20 W – 1.30-1.35-1.40-1.45-1.50-1.55-1.58-1.61 ...

Hight jump U18, U20 M – 1.45-1.50-1.55-1.60-1.65-1.70-1.73-1.76 ...