

**BALTIC U20 TEAM CHAMPIONSHIPS/ PRESIDENT'S CUP**  
**22.07.2024.**  
**VALMIERA, LATVIA**

**CALL ROOM**

Discipline	Group	CALL ROOM		Arrival at the site	Competition start time
		from	to		
110 mH	M	12:40	12:50	12:52	13:00
Pole Vault	M	12:05	12:15	12:20	13:00
Hammer Throw	W, M	12:20	12:30	12:35	13:05
100 mH	W	12:55	13:05	13:07	13:15
100 m	W	13:08	13:18	13:20	13:25
100 m	M	13:13	13:23	13:25	13:30
High Jump	W	13:05	13:15	13:20	13:40
1500 m	W	13:25	13:35	13:40	13:45
1500 m	M	13:35	13:45	13:50	13:55
Long Jump	W, M	13:20	13:30	13:35	14:00
400 m	W	13:52	14:02	14:05	14:10
400 m	M	13:57	14:07	14:10	14:15
5000 m RW	W, M	14:05	14:15	14:19	14:25
Discus Throw	W, M	13:50	14:00	14:05	14:35
400 mH	W	14:55	15:05	15:08	15:15
400 mH	M	15:05	15:15	15:18	15:25
Pole Vault	W	14:35	14:45	14:50	15:30
High Jump	M	15:00	15:10	15:15	15:35
3000 m SC	W	15:20	15:30	15:33	15:40
<b>Triple Jump</b>	<b>W</b>	<b>15:10</b>	<b>15:20</b>	<b>15:25</b>	<b>15:45</b>
3000 m SC	M	15:40	15:50	15:54	16:00
Javelin Throw	W, M	15:20	15:30	15:35	16:05
Shot Put	W, M	15:25	15:35	15:40	16:10
200 m	W	16:00	16:10	16:15	16:20
200 m	M	16:05	16:15	16:20	16:25
<b>Triple Jump</b>	<b>M</b>	<b>16:00</b>	<b>16:10</b>	<b>16:15</b>	<b>16:35</b>
3000 m	W	16:15	16:25	16:30	16:35
3000 m	M	16:30	16:40	16:45	16:50
800 m	W	16:52	17:02	17:05	17:10
800 m	M	16:57	17:07	17:10	17:15
4 x 100 m	W	17:20	17:30	17:33	17:40
4 x 100 m	M	17:30	17:40	17:43	17:50
4 x 400 m mixed	W, M	17:40	17:50	17:53	18:00