

BALTIC TEAM CHAMPIONSHIPS/ PRESIDENT'S CUP
06.-07.07.2024.
VALMIERA, LATVIA

CALL ROOM
DAY 1

Discipline	Group	CALL ROOM		Arrival at the site	Competition start time
		from	to		
Hammer throw	W, M	16:20	16:30	16:35	17:00
110 mH	M	17:07	17:17	17:20	17:30
Pole Vault	W	16:45	16:55	17:00	17:40
100 mH	W	17:22	17:32	17:35	17:45
Long Jump	W, M	17:10	17:20	17:25	17:50
3000 m SC	M	17:38	17:48	17:53	18:00
High Jump	M	17:40	17:50	17:55	18:15
3000 m SC	W	17:58	18:08	18:13	18:20
400 m	W	18:20	18:30	18:33	18:40
Shot Put	W, M	18:05	18:15	18:20	18:45
400 m	M	18:30	18:40	18:43	18:50
Javelin Throw	W, M	18:15	18:25	18:30	19:00
100 m	W	18:45	18:55	18:58	19:05
100 m	M	18:55	19:05	19:08	19:15
1500 m	W	19:05	19:15	19:19	19:25
1500 m	M	19:15	19:25	19:29	19:35
4x100 m	W	19:27	19:37	19:42	19:50
4x100 m	M	19:37	19:47	19:52	20:00