

BALTIC TEAM CHAMPIONSHIPS AGREEMENT

Match: Baltic Outdoor Team Championships

Organiser: Latvian Athletics Association

Venue: Jana Dalina Stadium, Jana Dalina street 2, Valmiera

Date: 04.-05.08.2023

Participants: Men and Women, 2 athletes per team, per event One relay team per country per team.

Age: Men and Women (born in 2007 and older)

Scoring: Team points will be calculated for men and women jointly. Individual: 6-5-4-3-2-1; Relays: 6-4-2.

Events:

MEN		WOMEN	
TRACK	FIELD	TRACK	FIELD
100m	High Jump	100m	High Jump
200m	Long Jump	200m	Long Jump
400m	Triple Jump	400m	Triple Jump
800m	Pole Vault	800m	Pole Vault
1500m	Shot Put	1500m	Shot Put
5000m	Javelin Throw	5000m	Javelin Throw
110mH	Discus Throw	100mH	Discus Throw
400mH	Hammer Throw	400mH	Hammer Throw
3000m SC		3000m SC	
10000m RW		5000m RW	
4x100m		4x100m	
4x400m		4x400m	

Rules: Competitions shall be arranged entirely according to the WA's Competitions Rules and according to the "Technical regulations for Baltic Team championships In Athletics".

Financial conditions:

Travels paid by: Each Federation for their own costs

Board and lodging paid by: Each Federation for their own costs

SIGNATURES:

ESTONIA

LATVIA

LITHUANIA