



DAY 1 | FRIDAY 3 MAR

MORNING SESSION		09:00 - 13:15
60m Hurdles	W	Pentathlon
Long Jump	M	Qualification
Pole Vault	W	Qualification
High Jump	W	Pentathlon
400m	M	Round 1
400m	W	Round 1
Triple Jump	W	Qualification
1500m	W	Round 1
60m	W	Round 1
Shot Put	W	Pentathlon

DAY 2 | SATURDAY 4 MAR

MORNING SESSION		09:00 - 11:45
60m	M	Heptathlon
Pole Vault	M	Qualification
60m	M	Round 1
Long Jump	M	Heptathlon
3000m	M	Round 1
60m Hurdles	W	Round 1
Shot Put	M	Heptathlon
Long Jump	W	Qualification
60m Hurdles	M	Round 1

DAY 3 | SUNDAY 5 MAR

MORNING SESSION		10:00 - 14:00
60m Hurdles	M	Heptathlon
Long Jump	M	Final
High Jump	W	Final
60m Hurdles	M	Semifinals
60m Hurdles	W	Semifinals
Pole Vault	M	Heptathlon

DAY 0 | THURSDAY 2 MAR

EVENING SESSION		19:00 - 21:30
800m	M	Round 1
High Jump	W	Qualification
Shot Put	M	Qualification
800m	W	Round 1
Triple Jump	M	Qualification
3000m	W	Round 1
Shot Put	W	Qualification
1500m	M	Round 1

DAY 1 | FRIDAY 3 MAR

EVENING SESSION		19:00 - 21:45
High Jump	M	Qualification
60m	W	Semifinals
Long Jump	W	Pentathlon
Shot Put	M	Final
400m	M	Semifinals
400m	W	Semifinals
3000m	W	Final
Triple Jump	M	Final
1500m	M	Final
Shot Put	W	Final
800m	W	Pentathlon Final
60m	W	Final

DAY 2 | SATURDAY 4 MAR

EVENING SESSION		18:35 - 21:00
High Jump	M	Heptathlon
60m	M	Semifinals
Pole Vault	W	Final
800m	W	Semifinals
800m	M	Semifinals
Triple Jump	W	Final
1500m	W	Final
400m	M	Final
400m	W	Final
60m	M	Final

DAY 3 | SUNDAY 5 MAR

EVENING SESSION		19:05 - 21:05
High Jump	M	Final
4 x 400m Relay	M	Final
Pole Vault	M	Final
4 x 400m Relay	W	Final
1000m	M	Heptathlon Final
Long Jump	W	Final
3000m	M	Final
800m	M	Final
800m	W	Final
60m Hurdles	W	Final
60m Hurdles	M	Final

EUROPEAN ATHLETICS INDOOR CHAMPIONSHIPS TIMETABLE

2-5 MARCH 2023 ATAKÖY ATHLETICS ARENA

istanbul2023.org