

BALTIC CROSS COUNTRY TEAM CHAMPIONSHIPS

22.10.2022.

TIMETABLE

12:00	Girls U16 (2007 – 2008)	2 km (1 x 0,5 km + 1 x 1,5 km)
12:15	Boys U16 (2007 – 2008)	2 km (1 x 0,5 km + 1 x 1,5 km)
12:30	Girls U18 (2005 – 2006)	3 km (2 x 1,5 km)
12:50	Boys U18 (2005 – 2006)	4 km (2 x 0,5 km + 2 x 1,5 km)
13:10	Girls U20 (2003 – 2004)	4 km (2 x 0,5 km + 2 x 1,5 km)
13:35	Boys U20 (2003 – 2004)	6 km (4 x 1,5 km)
14:05	Women (2002 and older)	6 km (4 x 1,5 km)
14:40	Men (2002 and older)	8 km (1 x 0,5 km + 5 x 1,5 km)

Start area for the athletes closes 5 minutes before each race.